

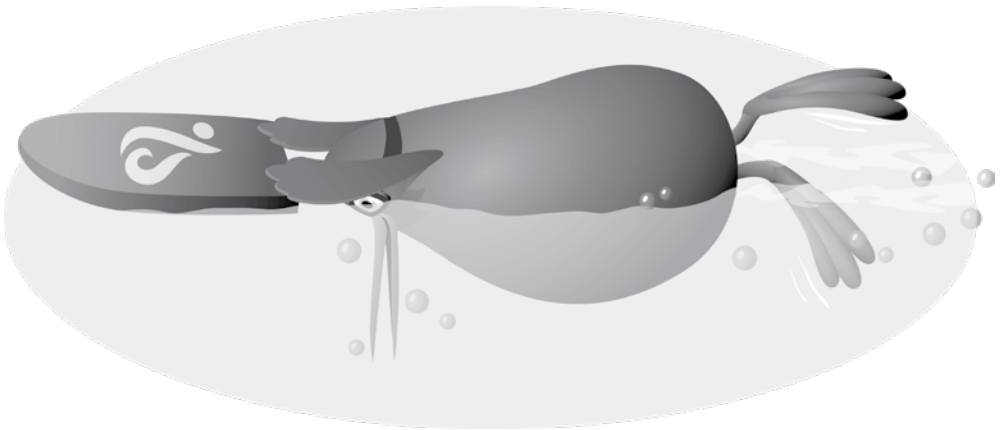


Certificate of Achievement

Name: _____

Date: _____

Congratulations on successfully completing
Moving Through the Water



- ✔ Move 15m non-stop, using any method
- ✔ Move through water of all kinds (currents, waves and deep water)
- ✔ Move 50m and/or 3 minutes non-stop, confidently and competently, using any method
- ✔ Move 100m and/or 5 minutes non-stop, confidently and competently, using any method