



Certificate of Achievement

Name: _____

Date: _____

Congratulations on successfully completing
What to Do in an Emergency



- ✓ Float and signal for help with and without a flotation aid
- ✓ Do a reach rescue and a throw rescue with a buddy
- ✓ Perform this sequence: correctly fit a lifejacket, do a step entry into deep water, float in the H.E.L.P. position, then with a couple of buddies or a group form a huddle, return to edge and get out