

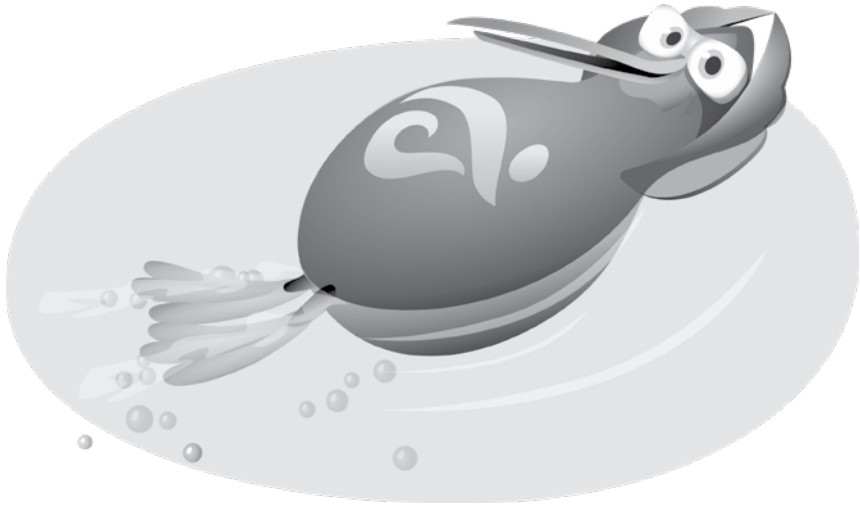


Certificate of Achievement

Name: _____

Date: _____

Congratulations on successfully completing
Floating on the Water



- Float and regain feet
- Float on back with controlled breathing (at least 1 minute)
- Scull head or feet first (at least 3 minutes)
- Tread water (at least 3 minutes)
- Fit a lifejacket in water
- Signal for help while treading, sculling and floating in water