

Simply Stroke *for Rehabilitation Teams*

6 questions for everyone caring for patients in stroke rehabilitation

1. Are all your stroke patients assessed for rehabilitation?

- All stroke patients should be screened, then assessed and treated as required, for cognitive, sensorimotor and communication difficulties
- Patients should start rehabilitation as soon as they are able

2. Do you meet regularly with your inter-disciplinary stroke team?

- Your team should meet at least weekly, to:
 - discuss new patients
 - review patient management and goals
 - plan for discharge

3. Do you have family meetings?

- The stroke team should meet regularly with the patient and their family/carers to involve them in goal-setting, management and discharge

4. Do you ask your patients and their family/carers about their rehabilitation expectations?

- Every patient and their family/carer should:
 - have their wishes established and acknowledged
 - have the opportunity to participate in goal-setting

5. Do you offer all patients and their family/carers educational information?

- All patients and their family/carers should be offered relevant information to meet their needs
- Information should be in an appropriate language and format
- Follow-up clarification and reinforcement of information should be provided

6. Do you make counselling services available to patients and their family/carers?

- Counselling should be available and can take the form of:
 - active educational counselling
 - problem-solving counselling
 - information supplemented by educational counselling