Minimum Ministry of Health Expectations to meet designation of ‘Community Stroke Rehabilitation Service’

April 2017

* An interdisciplinary community rehabilitation team with stroke specific skills, who support people with stroke to transition seamlessly into the community.
* The team includes the following members:
  + Nurse Specialist or Speciality Nurse
  + Allied Health Professionals (including PT, OT, SLT and social work) with expertise in stroke
  + Medical practitioner with expertise in stroke medicine
  + Access to, dietetics, psychology and NASC as required
* Team members have access to stroke specific training (minimum 8 hrs/ year)
* A single point of entry for referrals for all adult stroke service users and health professionals
* Work in partnership with the patient and family/Whanau to enhance autonomy and self-management, with use of ‘homework’ to increase intensity of practice and activity levels
* Documented goal specific rehabilitation plans for each patient that are developed in

conjunction with the patient and their family

* Ability to deliver up to three sessions per week of Physiotherapy, Occupational Therapy or Speech Language Therapy as needed in the first four weeks of the community rehabilitation\* programme to work towards patient/family/whānau goals. Sessions may be delegated to trained therapy/rehabilitation assistants as appropriate.
* A weekly interdisciplinary team meeting
* Strong links between the in-patient rehabilitation team and the community team to assist with discharge planning and to discuss long term goals for the patient’s rehabilitation once they are in a community setting
* Established processes for communicating effectively with GPs, other primary care providers and the Stroke Foundation and options for ongoing rehabilitation in the community.

*\*Sessions can be held in individuals own home, outpatient setting or other community setting depending on the individual’s needs.*

NB: The above list was compiled by the National Clinical Leader, Stroke to support MoH DHB site visits and quarterly report evaluation. It is based on the “NZ Organised Stroke Rehabilitation Service Specifications (in-patient and community)” document prepared by the National Stroke Network in December 2014. For more detail please refer to this document.