

# PLIMMERTON INNER WHEEL NZ294

## August 2022



### DATES FOR YOUR DIARY

16 August	Club Dinner Meeting	6 pm	Marilyn Garson. Life in Gaza
19 August	Pink Ribbon Lunch	12.00	Christine's house - 4 Musket Lane, Whitby
26 August	Daffodil Day Appeal	9 - 4pm	Co-ordinator, Jan Fisher
17 September	District Meeting	TBC	Christian Comm Church, Palmerston North
23 September	Try Something Different	10.00	Whitireia Nursing School
28 September	WoW Show	TBC	TSB Arena

### UPCOMING REGULAR EVENTS

2 August	Tasy Tuesday	6pm	Diana Paris
3 August	Mah Jong	7 pm	St Mary's Church Whitby. Every Wednesday
8 August	Book Group	2 pm	Dianne McGavin's - 39 Schooner Dr, Whitby
11 August	Craft Group	10 am	Anne Baker's - 25 Mooring Close, Whitby

### MORE ABOUT UPCOMING EVENTS

#### DAFFODIL DAY STREET APPEAL

For many years our Inner Wheel club has provided the collectors for 4 collection points: New World Whitby, Palmers Garden Centre Plimmerton, New World Mana, and The Warehouse Porirua

This is a real service to the Cancer Society who in turn supports our community with volunteer drivers and other things. Because of this, our collectors are received very positively. Jan Fisher is now our Cancer Society convenor and will be making up a roster for the collectors. Please let Jan know if you can do a two-hour stint on Friday 26<sup>th</sup> August 9-4pm. Jan Fisher ph. 234 8665

## PINK RIBBON LUNCH

This is our yearly donation for the Breast Cancer Foundation. It is a fun day with lucky draws, raffle, and lunch on Friday 19<sup>th</sup> August 11.30am at Christine Harrison's house - 4 Musket Lane, Whitby. Please contact Christine Harrison for more details. Ph 027 300 6734. An invitation will be emailed soon.

## AUGUST DINNER MEETING

Joy Creet our Vice President will run this meeting. We will go back to prepaying the \$28 meal online before the night. Drinks and raffles will be purchased on the night as normal. This should help us to move faster to our tables. I encourage you to wear a mask when you are not having your meal.

Marilyn Garson is coming to speak to us about her experience living and working in the Gaza Strip from 2011 to 2015 during the heavy bombing, focusing on the international role in Gaza. Marilyn grew up in Halifax, Canada, the youngest of four sisters. She studied political science and philosophy at the University of Toronto, followed by a Master's in International Development.

Marilyn travelled for several years, then immigrated to The Hokianga, where she opened a weaving business. Since that time, she has launched locally owned social enterprises, worked with Cambodians with disabilities, imported global handmade goods, worked with Afghan and Pakistani families, and women's business enterprises.

On returning to New Zealand, she wrote *Still Lives - a Memoir of Gaza*. Marilyn now divides her time between Wellington and The Hokianga, usually with a pen in one hand and a ball of wool in the other.

## TRY SOMETHING DIFFERENT

Yvonne has organised a visit to the Whitereia Nursing School on Friday 23<sup>rd</sup> September. If you are interested, please put your name on the board at the August meeting.

## UPCOMING SPEAKERS

- September** Jacqueline Wilton: General Manager of Changemakers, Resettlement Programme
- October** Terry Neal: NZ teacher of International Distance Learning Programmes
- November** Sue Jameson: NZ294 District Chairman

## MAH JONG GROUP SUCCESS STORY

This group is run by Margaret Pine. In 2007 when Marg was still working, the idea of a Mah Jong group came up. Marg circulated a board and 26 Inner Wheelers responded. She taught these ladies in 2 groups, on a Wednesday and Thursday for 4 weeks. Marg decided then to set up a weekly club. This venue has moved a few times and currently meets at St Mary's Church every Wednesday from 7 pm to 9 pm.

Since the beginning in 2007 Barb Nichols has been the club Treasurer. This has been a big support for Marg not having to worry about the balance of hall hire and money. In the early days it was entirely Inner Wheel members in Mah Jong. Gradually other friends joined up. Many of these ladies went on to join Inner Wheel. It has become a great link to our community and a supportive connection with others. Marg calls it a very inclusive group.

There are currently 38 members in the club, over 20 are Inner Wheel members. The club is close to capacity as Marg takes time to teach new members, but if you are interested, please contact Marg.

"Hopefully you can see how incredibly proud I am of our wonderful club of amazing women. There is huge love and support in the group especially over the past year when we have lost so many wonderful friends and with Covid. But there is also enormous support if a member or member's family isn't well. I am pretty darned blessed to be involved with Mah Jong & Inner Wheel" **Marg**

We are also pretty darned blessed to have such a rare gem as Margaret. Thank you for your tireless contribution to the friendships and welfare of so many people in our community.

### SHERYL'S SUMMARY

We have had a busy month despite Covid surging again. So many of you have been sick this month and feeling under par. Maureen, our usually indefatigable Almoner has also been slowed down. We all are here for each other, so please don't hold back if you need an errand. Pick up the phone and let someone know. I wish you all a straightforward recovery.



I feel very aware of a lovely bunch of ladies behind me keeping things afloat and I am very grateful to you all for that. It is important for our general health to keep socialising, but we don't want to be brazen either, with so much covid going around. That is why we want to add a bit more restraint to the dinner meetings. Prepay, mask wearing encouraged, go to your table on arrival, and then mask again during the speaker presentation if you can.

By the time you read this I will be away. We rendezvous with our daughter and her husband and the 2 ½ year old granddaughter in Costa Rica for 2 weeks. Then we all return to their home in Cayman Islands for 2 weeks. I will take my laptop, so I am contactable. But you won't need me.

My apologies for some omissions in the last newsletter. The listing at the end of regular events left off listing Lyndsay Kelly as the new Book Club coordinator, and we omitted Mah Jong. Over 20 of our members are part of this weekly group.

## LAST MONTH'S HAPPENINGS

### MOVIE NIGHT FUNDRAISER

On 14<sup>th</sup> July we held a movie night at the lighthouse Pauatahanui to raise funds for the Child Cancer Foundation. Carol Woodfield organised this with the help of Janet Reidy and all the generous Inner Wheel ladies – the dream team. Thank you everyone for your support and the delicious food. The light-hearted movie 'Phantom of the Open' was a big hit, enjoyed by all.

Tania Pattemore gave us a brief talk on the role of the Child Cancer Foundation, explaining the beads of courage given to mark treatment procedures. Carol's grandson George has about 1,300 of these beads, that's 14 necklaces!

Our total profit for the evening was an amazing \$3,097. As you can imagine the Child Cancer Foundation were delighted to receive our donation. Thank you very much everyone for your wonderful support. We would like to thank all the sponsors of the raffle, the silent auction and lucky seat prizes:

- Artist John Fisher (member Jan's husband) for kindly donating the print of his beautiful boatshed painting.
- Margaret and Ted Nation for the chocolates
- Bryan Pauley Hair Hairdressing for lucky seat prizes
- Barbara Nichols for the wine.
- The Whitby Co-op for the 2x \$100 vouchers.
- Jennie Sherwin for the gift basket.
- Robin Mita for the skincare set.
- New World Mana for the gift basket.



## DRY JULY FUNDRAISER - LOOK GOOD FEEL BETTER

We have postponed this until possibly September. Too many people were sick with Covid to add another social event to the calendar. We had organised Flinn Hickey from Plimmerton Kombucha to visit us at the morning tea for a Kombucha Tasting. He has kindly agreed to come whenever we re-schedule. There is also fabulous raffle basket donated by LGFB

## PREVIEW SHOW FOR WEARABLE ARTS

A big thank you to Joy Creet and Margaret Nation for sweating the big stuff on the day of purchase with 55 tickets to buy. Marg's power kept cutting out, so Joy had to make all the payments, calling on a big credit card purchase. All tickets have promptly been paid for. Fantastic! Thank you. That will be a sizeable donation for The Little Miracles Trust who get \$55 from each ticket sold through them.

## WOMENS LIFESTYLE EXPO



The Women's Lifestyle Expo was held in Wellington over the weekend of 23/24 July. The Expo had some great products to offer, make up, clothes, shoes, jewellery, food, and wine to name just a few of the booths. In fact, anything we ladies would love to see. Women of Worth also had a booth just down from our IW booth.



Sue Jameson our District Chairman came down for the weekend and spent all Saturday there promoting Inner Wheel. Volunteers from the Upper Hutt, Wellington, Tawa, Kapiti and our own Plimmerton ladies took turns to man the stall over the weekend, so a real team effort. At the end of the two days, we had names from 40 prospective members and their names have been sent out to their local clubs. It was worth all the work and effort to be out there promoting Inner Wheel and what we are all about. When asked, most women said they had never heard of us - so ladies we need to talk more and get the club out there.



## TRY SOMETHING DIFFERENT

On Friday 29th July, eighteen ladies headed to Te Horo to enjoy lunch at Ruth Pretty Catering. Our meal consisted of a cheese scone starter and a choice of pumpkin or fish soup. This was followed by cake with mascarpone cream and tea or coffee.

We all had a lovely time and are looking forward to September 23rd when we are booked into Whiteria Nursing School from 10am - 12. Afterwards, we will try out a local Cafe for lunch.

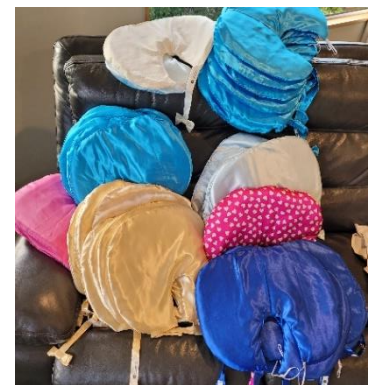
We are not having a "Something Different" outing in August as we have the Daffodil Day collection one Friday and the Pink Ribbon lunch the next.



## CANCER SOCIETY LUNCH



Jan Fisher, Joy Creet and Sheryl Perera went to the Daffodil Day Luncheon representing Plimmerton Inner Wheel. We had the pleasure of delivering many wheat packs and silky pillows, all beautifully made by our members. Thankyou ladies, you have done us proud.



## JULY DINNER MEETING – WOMEN OF WORTH



Because so many of you unfortunately missed this speaker, I will outline for you. Our speaker was Sue Kefali Pattison who founded Women of Worth in 2012. Sue is a mother of 3 and grandmother of 11. She has worked in various areas including preschool education and office work. She was a founding team member for a programme for mainly first-time mothers and babies, which is now called Space for You and Your baby.

Sue was already mindful how women were valued. Aware that while her Turkish father loved her, that higher value in his culture was placed on sons. One of the catalysts to forming a group was when Sue and a colleague had some men at a conference drop the doors in their face just after gallantly holding these same swing doors open for two younger attractive women. Sue commented to her colleague that as women, we need to know our own worth, because people aren't always going to show it to you. You must stand in your worth. She then decided "we have to do something about this"

As their foundations, WOW defines 'worth' as the level you deserve to be valued at or rated by. External worth is that which the society gives you, the work force values, and what you bring to the job. Internal worth is an unchanging gift you always have. Inborn, indwelling, incomparable and imperishable. The foundations WOW lay is for the women to stand in their core internal worth.

Women come to them from different backgrounds and life experiences, who are wanting to make positive change for themselves. They can self-refer or are referred by a wide range of organisations including Women's Refuge, Government organisations, like WINZ or, Oranga Tamariki or Counsellors. Some are now self-referrals after personal connection to previous participants.

WOW provides programmes and mentoring to support women to know their worth, understand their top strengths, and to have tools and strategies to build resilience and make positive change for themselves and whanau. WOW also offers a course for intermediate and college age girls.

WOW has a Volunteer Work Placement programme for participants who have been through their programmes to gain training and work experience, as well as a Work Ready course and support with budgeting. The WOW Team is now forming partnerships to expand WOW groups locally, regionally and nationally.

Sue's presentation finished with videos giving three women's personal experience of life changing help they received at WOW, and how these women turned their lives around. These inspiring stories can be seen on the Women of Worth website [www.wow.org.nz](http://www.wow.org.nz)

## MEMBERSHIP UPDATE

A very warm welcome to our new members, Judy Cosgriff and Judy Tilley.

New member inductions this month, Anne Barker.

Resignations this month, from Robin Mita. We wish you all the best Robin and hope that you may join us again sometime. Thank you for your steady support and contributions to the club.

## FAREWELL DEAR JOCELYN

It was with much sadness that we heard that our dear friend Jocelyn Moller had passed on Monday 25<sup>th</sup> July. She had suffered ill health for some time. Parkinsons did it's best to obstruct the way she lived, but it didn't win, and never once did Joce complain or speak negatively about anything. Even following the stroke she had in June, she fought and won some extra time with Megan and Greg so that they could reflect on their lives together.

Jocelyn was part of many Clubs in the area and Inner Wheel was so lucky to have her join their Club in 2000. She was President from 2004-2005 and Club Secretary for a couple of years. Jocelyn was presented with the Honoured Active Award which is given to a member who demonstrates the IW objective of Friendship, Service and International Understanding, plus outstanding service to Inner Wheel. A truly worthy recipient.

We were truly blessed to have Joce in our midst, as without her even knowing, she taught us many lessons about life. She taught us that life is for living no matter what obstacles are put in your way. Joce rejoiced in everything she did, nothings was too hard, day too wet, or distance too far. We will never forget that Joce was always the first to put her hand up to help at any Inner Wheel functions or collection days.

For years she helped on Daffodil Day, the Rotary Book Fair, Parkinsons collection days, and Life Flight Trust. Nothing was ever too hard. Jocelyn was a brave and courageous woman, gentle, loving, thoughtful and kind with a beautiful smile, who we were all very lucky to know. Go with our love and rest now dear Joce and we will meet again one day when the time is right. *(Marg Pine)*



Jocelyn was a true inspiration to us all as she volunteered her time with love & a real passion for whatever she put her hand to. This photo captures her beaming smile. She was a brave and amazing person, quiet, unassuming, and strong with an indomitable spirit. Her positive attitude and love leave a lasting legacy for us all to aspire to. We will miss you, dearest Jocelyn. *(Brenda)*

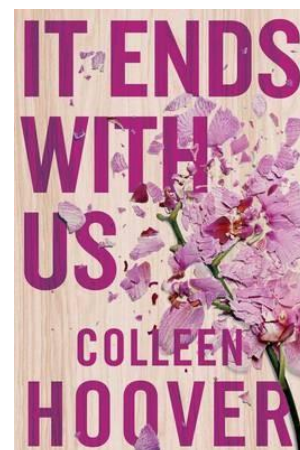


## BOOK RECOMMENDATION

I read this book recently. It was a real page turner and kept me engrossed from start to finish. I follow Gemma Flynn (Richie McCaw's wife) on Instagram, she is a booklover and avid reader. This book featured on her top reads list too. I have added some titles of several other books that she enjoyed that you might like to try.

### It Ends With Us - Colleen Hoover

Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town in Maine where she grew up - she graduated from college, moved to Boston, and started her own business. So, when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life suddenly seems almost too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily, but Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his "no dating" rule, she can't help but wonder what made him that way in the first place.



As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan - her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened.

With this bold and deeply personal novel, is a heart-wrenching story and an unforgettable tale of love that comes at the ultimate price



## RECIPE TO TRY

Dinah McEwan has made this delicious slice many times, but now only makes it for others because it is too yummy to stop eating at one piece! It is a common, well-loved recipe. I have made it twice since I discovered it and conclude that it is very more-ish!

### WEETBIX SLICE

#### Base

185g butter  
1C sugar  
2 Tbs cocoa  
3 Weetbix crushed  
1 C plain flour  
1 C coconut  
1 tsp baking powder

#### Icing

2C icing sugar  
3 Tbs cocoa  
50g butter softened  
2-3 Tbs boiling water

#### Method

Preheat oven to 180C fan bake.

In a large saucepan over low heat melt together butter, sugar, and cocoa.

Take off the heat then add the weetbix, flour, coconut, and baking powder.

Pour into a lined tray and press down firmly.

Bake for 15-20 mins until the slice feels soft to the touch in the centre.

Ice the slice while it is still warm. Cut when cooled and icing has set.

#### Icing

Mix icing sugar, cocoa, & butter. Add boiling water as needed and whisk out any lumps.

### WORD OF THE DAY

## *Compathy*

The sharing of another person's feelings such as happiness, sadness, or pain.

### HAPPY BIRTHDAY

- Jenny Garner
- Lyndsay Kelly
- Margaret Nation



## REGULAR EVENT INFORMATION

### **Tasty Tuesday:** 1st Tuesday of the month at 6pm

A group meets on the first Tuesday every month for a meal, chat, and a good laugh. For more information contact Diana Paris 234 7683.

### **Mah Jong:** Every Wednesday at 7pm

Marg Pine has been running this group since 2007. They meet every Wednesday night at St Mary's Church in Whitby from 7-9pm. New members welcome

### **Book Group:** 2nd Monday of the Month at 10am

We each give a talk on books we have read in the past month; we don't all have to read the same book. For more information contact Lyndsay Kelly 234 7238.

### **Craft Group:** 2nd Thursday of the month at 10am

Everyone takes along their own project, fun and fellowship is had by all. For more information contact Maureen Barber, phone 239 9528.

### **Table for 8:** Saturday evenings

You are invited to join a group of Inner Wheelers (partners are welcome too) for a pot luck dinner on a Saturday evening. The host usually cooks the main dish, and each person brings a course or side dish. Dates will be advised. If you would like to be included in the group, please contact Christine Harrison 234 7535.

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## PARTING WORDS

Many of us have been sick these past few weeks and feeling the winter blues. As we head closer to spring, I am hoping warmer weather will make an appearance and chase away some of the winter chills to make us all feel better. I am looking forward to a trip to Carterton on the Steam Incorporated Daffodil Express in September. Wishing you all a safe and happy month.

*Remember that the happiest people are not those getting more, but those giving more.*  
H. Jackson Brown, Jr.

Yours in friendship

Karen 😊

## YOUR COMMITTEE

<p><b>President</b> Sheryl Perera 022 098 5516 saperera2022@gmail.com</p>	<p><b>Vice President</b> Joy Creet 027 679 4333 joy.creet@gmail.com</p>
<p><b>Secretary</b> Christine Harrison 027 300 6734 christineh656@gmail.com</p>	<p><b>Editor</b> Karen Warner 027 5744 054 karen@perfectorder.co.nz</p>
<p><b>Treasurer</b> Margaret Nation 021 515 691 nation@xtra.co.nz</p>	<p><b>Raffles</b> Julie McLagan 021 425 782 jmclagan@seagulls.co.nz</p>
<p><b>ISO</b> Velma Knight 027 281 1809 dvknight@xtra.co.nz</p>	<p><b>Attendance</b> Karen Paulin 021 222 9471 admin@straitconstruction.co.nz.</p>
<p><b>Website</b> www.innerwheel.org.nz www.internationalinnerwheel.org</p>	<p><b>Membership</b> Anne-Marie Garrett 027 698 6024 amcl.garrett@gmail.com</p>
<p><b>Facebook</b> Inner Wheel New Zealand</p>	<p><b>Almoner</b> Maureen Barber 027 239 9000 jd.fam@xtra.co.nz</p>
<p><b>Transport</b> Should you need a Driver please contact Maureen Barber on 239 9528</p>	<p>If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you.</p>
<p><b>IW Bank Account: 12 3254 0081449 01</b></p>	
<p><b>Absences</b> If you advise us you are coming to a meeting, then do not come, we still require you to pay for your meal as we have committed for catering</p>	