



INNER WHEEL - OCTOBER 2021

ANNE-MARIE'S ANGLE

Ladies joining Inner Wheel often ask, "What do you do that's different to other women's clubs?"

For sure, we enjoy social functions together, contribute to fund-raising projects, have a finger on the pulse of community developments and initiatives. For me though, what really identifies the Inner Wheel ethos is the warm camaraderie amongst members which comes from knowing that we, as "women of action" make a difference in our communities.

This month you've generously.....

- Crafted blankets, beanies and vests for neonates at Wellington Hospital
- Contributed pyjamas for children in need
- Collected underwear for the ladies of Arohata
- Celebrated "Pink Ribbon" day with a fab lunch

In its "Tools 2 thrive" theme, Mental Health Awareness week emphasised the importance of strengthening personal and community resilience through connectedness. It is so heartening to see Inner Wheelers out there, connecting and strengthening our communities.

This year the reality of Covid Level restrictions has hamstrung some of our curtailed our planned fundraising projects: the World of Wearable Arts show, Days for Girls movie night and the Cancer Society's Daffodil Day appeal. So we are now asking for your help with appeals for two charities we have traditionally supported and which have been rescheduled to late October.

- Foundation for the Blind Appeal, collecting 12 noon to 5pm on Friday 22 October at Countdown Aotea. (Phone Alison Cox, 027-246-6195)
- Pink Ribbon Appeal, collecting at Paremata New World, 10-5pm on Friday 29 October. (Phone Yvonne Thomson, 021-267-2906)

Please also support our NZ294 District ISO Project:

Days for Girls: Supporting the Zayane Creations Enterprise in the village of Sankhan, Malawi.
"A Bring and Buy" stall at our October meeting – with proceeds going towards "Days for Girls".

- *sewing and knitting ie. bootees, beanies or toys*
- *baking – loaves, cakes or sweets*
- *homemade jams, chutneys, sauces*
- *jewellery that'll charm a new owner*
- *Christmas decorations or crafts*
- *plants, seedlings and flowers*

Please bring items (priced \$2, \$3 or \$5) and pop these on the sales table as you enter the room. Oh, and remember to bring an extra dollar or two (\$2 coins and \$5 notes very welcome!) so you can make a couple of purchases.

Nga Mihi
Anne-Marie
Club President

CLUB NIGHT - Tuesday 19 October

Can Survive, is a unique dragon boating team which draws together cancer survivors to compete in the annual dragon boating festival in Wellington Harbour. Ngawai Richardson has been a passionate crew member for a number of years and will speak about the special camaraderie of a team who share a special determination, resilience and pride as Cancer Survivors.

ZONTA KNICKERS AND BRAS

Thanks for your kind donation of bras and knickers at our September meeting. I know that many of you were disappointed to miss out on our collection last month so we are extending our appeal to include our October meeting. So alert your sisters, nieces and daughters to this opportunity to support women in such a practical way! All contributions will be gratefully appreciated! (Contact Anne-Marie 027-6986024)

JAMMIES FOR NEEDY CHILDREN

Thanks for your generosity in bringing in so many lovely pyjamas. These have been passed on to Wellington City Mission and will be very much appreciated by families in need.

WOW

Despite cancellation of our highly anticipated "big night out" at Wellington's World of Wearable Arts event, we put on our glad rags and had a fun night at our own WoW event at our September meeting!

Prizes (coveted chocolate fish... also keenly anticipated!) were awarded to the following: Flower Girl, Bowl Weevil, Covid Puzzle, Cat 'n Mouse, I Refuse to Grow Up, All Tied Up, by our gracious judges, Bacon & Egg. A great time was had by all!



PINK RIBBON LUNCH



What a great afternoon we had at Dinah McEwan's home for our pink ribbon lunch. Dinah's hospitality is to be admired. We had a lot of fun with a quick quiz and of course all the beautiful food everyone brought. We were spoilt for choice. The effort Dinah had gone to regarding the raffles was amazing and there were a lot of lucky winners and feel very privileged that our local businesses support us.

We were also delighted to have raised \$800+ for Pink Ribbon.



Beef & Beetroot Meatballs

Pink Ribbon Lunch – Judith Tanner

Judith Tanner's meatballs was a very popular dish and everyone wanted the recipeso here you are ladies!

500 gm beef mince
1 beetroot, peeled and finely grated
½ carrot, finely grated
½ courgette, finely grated
½ onion, finely chopped
2 Tbsp rolled oats
1 Tbsp soy sauce
1 tsp mixed herbs
1 Tbsp parsley, finely chopped
1 egg, beaten
Salt and pepper
Little oil

Beetroot Sauce

Make ½ cup of reserved juices, white wine / water
1½ Tbsp brown sugar
1 Tbsp soy sauce
1 Tbsp white vinegar
1 Tbsp tomato sauce
1 Tbsp lemon juice
Salt & Pepper
1 Tbsp cornflour



Put mince into a bowl. Place beetroot, carrot and courgette into a clean cloth and squeeze several times over a bowl to remove excess juice then **reserve juice for sauce**.

Add vegetables and all other ingredients to mince and mix well to blend together. Put aside for 15 minutes to absorb flavours.

Roll into meatballs and lightly brown in frypan then bake on baking paper for approx. 15 mins at 200°C to cook through. Makes approx. 25. Serve with dipping Beetroot Sauce.

Mix cornflour with a little cold water. Blend all other ingredients and bring to a simmer for 5 minutes. Stir in cornflour and simmer to thicken sauce.

VOLUNTEER HOURS

To ensure we keep our Charitable Status we need to report our volunteer hours and funds raised for the year. Each year all clubs complete a Service Record sheet to be returned to the National Committee. So if you do any voluntary work, whether it be knitting for the Neonatal Unit, sewing for the Cancer Society or helping with Street appeals, make sure you report your hours to Velma Knight. (04 2991539 or email dvknight@xtra.co.nz)

PRIVACY POLICY

Our club's Privacy Policy has recently been reviewed and ratified by your committee. Copies are available through our secretary, Sheryl.

RESIGNATION

It is with sadness that we received Sue Cook's letter of resignation from our club. Sue had been a member of our club since 2004 and will be greatly missed.

OCTOBER BIRTHDAYS

Caryll Farrer
Meryll Evans
Sheryl Perera
Vivienne McIsaac



Inner Wheel Website Discussion Forums - <https://www.innerwheel.org.nz/Discussion-Forum>

Exciting new discussion forums have gone live on the Inner Wheel national website. Members need to be logged in as themselves on the website, then under Library is a tag for Discussion Forums. These forums include:

- Book Club - an online book club to share great books to read.
- Gardener's Patch - An online sharing portal for all things gardening. Share what is growing in your gardens, what to plant now, as well as tips and tricks or ask questions for gardening help.
- Knitters Network - this forum is for you to share patterns, charities you support, ideas and connections for charities you knit for.
- Sewing Bees - A forum is for you to share ideas, resources, and contacts for the various sewing bee projects you participate in. These can include anything from sewing for charity, patchwork, quilting or embroidery projects you are creating.

Members are invited to post replies to the forum discussion topics and share their images, ideas and create conversations in these online forums. It is a place for them to share. Just click on the blue 'reply' button, type your message, add a photo or document by clicking 'choose file' and then 'post' (just like sending an email).

DISTRICT MEETING

As you may be aware we had to postpone our District Meeting to November 27th. The meeting will now have a Christmas theme so come along in Christmas colours, wearing Christmas earrings or however else you want to celebrate the season.

We will also have a bring & buy sales table featuring Christmas items (small gifts, Christmas fare, produce from your garden etc) and the proceeds will be donated to our District charity, Days for Girls.

Our guest speaker for the day will be from Days for Girls and she will tell us about the work they do, as well as the project in Malawi that we are specifically fundraising for.

Hopefully our National President Michelle will be allowed to travel outside Auckland by then and can join us!

Please contact Sheryl or Anne-Marie so they can register your attendance. amcl.garrett@gmail.com or perera.home@xtra.co.nz.

Supporting Community Events

Rotary Golf Tournament in support of Mary Potter Hospice

This annual tournament will be held at Judgeford Golf Course on Friday 12 November. Put a group together and support our local hospice!

You are very welcome to register and enter a team of 4 players for the 18-hole event. No great golf skill is required, just a keenness to have a go and to have a good time.

It is an Ambrose event which means that every player tees off and the best shot out of the four is selected to determine where the next shot is to be played from. This continues until the ball is in the hole. The cost is \$50 per player or \$200 for a team. If you cannot get a full team, don't worry, we will be able to complement your team with Judgeford club members.

Postponed Events

Walk and Talk at Cobblestones, Greytown.

We were disappointed when chilly weather conspired with Covid Level 2 spacing requirements to bring about postponement of our Walk and Talk gathering with the ladies of South Wairarapa Inner Wheel at Greytown on 15 September. We look forward to rescheduling our chat, lunch and walk once we're back to Level 1!

Upcoming Events

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| • Book Group: | 2pm | 11 October | Janet Reidy's _ |
| • Craft Group: | 10am | 14 October | Mary Temperton's |
| • Wellington Free Ambulance | 10am | 17 October | (Contact Christine Harrison) |
| • Foundation for Blind Appeal | 12-6pm | 22 October | Aotea Countdown (Contact Alison Cox) |
| • Pink Ribbon Appeal | 10-5pm | 29 October | Mana New World (Contact Yvonne Thomson) |
| • Tasty Tuesday: | 6pm | 2 November | (Contact Diana Paris) |
| • Committee Meeting: | 3pm | 1 November | Karen Paulin's |
| • Movie - <u>House of Gucci</u> : | 5 for 5.30pm | 25 November | Pautahanui Lighthouse |
| (Child Cancer Foundation) | Tickets \$25 | Ladies asked to sell movie tickets/ provide nibbles. | |
| • | District Day: | 10-3pm | 27 November Upper |
| • Hutt | | | |
| • | Table for Eight: | 6pm | 4 December (Contact |
| • Julie McLagan) | | | |
| • | Tasty Tuesday: | 6pm | 7 December (Contact |
| • Diana Paris) | | | |
| • | Out and About Christmas decorations: | 6 December. | Yvonne Groom (04-2934461) has kindly invited us to her home up the coast, to share her beautiful display of Christmas decorations. |

MONTHLY SUB GROUPS:

Book Club: 2nd Monday of the Month at 2pm.

We each give a talk on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera, phone 233 1944.

Craft Morning: 2nd Thursday of the month at 10am.

Everyone takes along their own project and fun and fellowship is had by all. For more information contact Maureen Barber, phone 239 9528.

Tasty Tuesday: 1st Tuesday of the month.

A group meets on the first Tuesday every month for a meal, chat and a good laugh. For more information contact Diana Paris Phone 234 7683.

Mah-Jong:

Every Wednesday night 7-9pm at St Mary's Church in Whitby. Anyone is welcome to join this group and they are willing to teach new members. For more information contact Margaret Pine, phone 021 610 906

Table for 8:

Join a group of 8 for dinner on a Saturday evening.

Our next Table for 8 evening is scheduled for Saturday 4 December. Please contact Julie McLagan, our dinner co-ordinator for further details. (email jmclagan@seagulls.co.nz or phone 021-425 872)

YOUR COMMITTEE

President Anne-Marie Garrett 0276986024 amcl.garrett@gmail.com Vice President Secretary Sheryl Perera 233 9144 perera.home@xtra.co.nz Treasurer Marg Nation - 234 8710 nation@xtra.co.nz Membership Yvonne Thompson 234 7940 ytplace@gmail.com Editor Brenda Callear 233 8244 bcallear@orcon.net.nz	Almoner Maureen Barber 239 9528 jd.fam@xtra.co.nz ISO Velma Knight 04 299 1539 dvknight@xtra.co.nz Raffles Dinah McEwen 021 719 295 dinah@mcewen.nz Absences Karen Paulin 021 222 9471 admin@straitconstruction.co.nz Joy Tongs 235 5775 pairoftongs@hotmail.com NOTES: If you advise us you are coming to a meeting, then don't come, we still require you to pay for your dinner as we have committed for catering.	ALMONER If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you. Should you need a Driver please contact Maureen Barber on 239 9528. IW Bank Acct 12 3254 0081449 01
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NICE WORDS - When we focus on our gratitude, the tide of disappointment goes out and the tide of love rushes in.

Yours in friendship



Brenda

Check out the Inner Wheel websites and FaceBook page which are full of interest and information and change all the time. **www.innerwheel.org.nz and www.internationalinnerwheel.org.**