



INNER WHEEL - JUNE 2022

ANNE-MARIE'S ANGLE

"There are always flowers for those who want to see them".
Henri Matisse

Sheryl Levy has been an inspirational influence to all who have known her through Inner Wheel. Sheryl lived her life to the max - not just taking opportunities but *creating opportunities* to live life to the full and share its goodness with others. Not that that life was easy - but Sheryl never shrank from a challenge. When we came together to farewell Sheryl at The Anchor Church last week, the room was full of people, the atmosphere one of warmth and positivity. So sad at her passing, the stories shared told of a "firefly of a woman", a "lioness of a mother", the "light of my life" whose strength and kindness left us all better people for knowing her. Sheryl's was a life well lived.



Reflecting on Sheryl's life reminds me that celebration and change are all around us! As we move towards Matariki, we're also reminded that this is the season of new beginnings. Our Committee is so excited about Club Changeover on Tuesday 21 June, looking forward to welcoming our new President, Sheryl with her new committee: Joy, Christine, Karen, Karen, Marg, Velma, Maureen and myself. So many plans and ideas are afoot for an active, invigorating 2022-23 Year in the Life of our Club!

My year as Club President has been an honor and a privilege. It's been wonderful to get to know you all, sharing in the gem of Friendship that is at the heart of Inner Wheel.

Nga mihi
Anne-Marie

UPCOMING SPEAKERS

- **JUNE MEETING:** Changeover. Entertainment: Greg Christensen
- **JULY MEETING:** Sue Kefali - Managing Director of Women of Worth. This organisation offers individual approach and programmes towards equipping women to achieve their potential.
- **AUGUST MEETING:** Marilyn Garson talking about life in Palestine.

SUBSCRIPTIONS

In July you will receive your invoice for your annual subscriptions to Inner Wheel. **Please do not pay your subscriptions before the 1 July.**

DR TAKU PARAI - OUR MAY MEETING SPEAKER



Dr Taku Parai gave wonderful insight to all the work he does in our local area.

He was born and raised in Porirua and has been an active member of the community for many decades, contributing positively to the growth and development of the City in a myriad of ways. He lives, breathes and loves Porirua and is proud to be Ngāti Toa. He supports the community in a range of capacities. His leadership is recognised as kaumātua for Ngāti Toa Rangātira and Chair of Te Rūnanga o Toa Rangātira Board, as well as kaumātua for Porirua City Council.

He has become the custodian of the mantle of leadership of Ngāti Toa because of his openness and willingness to pass on the history, traditions and values of his heritage.

Dr Parai supports blessings, cultural events, tangihanga, marae experiences, school visits, Ka Mate haka education and much more. He is a champion to the young people of Porirua and engages in a wide range of community organisations, trusts and institutions. He is also widely involved with church, environmental, sports groups and advocating for the social, economic and health needs of the community



WOW - MESSAGE FROM NEONATAL

It's very exciting to see the World of Wearable Arts back up and running this year. Fingers crossed it all goes well for and there's no more Covid issues!

At this stage we haven't been contacted from the team at WoW as yet in regards to being their partner charity, however, they generally put their tickets on sale first and we then hear later towards the end of June.

So ladies if you want to go to WOW again this year you need to let Sheryl know so we can get a group together. I guess it will be first in first served so we need to be ready.

SWEET GEORGIA



There was an evening boat cruise on Wellington Harbour.

A group of Inner Wheelers took up the Rotary Plimmerton club invitation for a leisurely cruise on the Sweet Georgia.

It was a very relaxing social time. Nibbles served constantly. Wellington viewed from the harbour looks lovely at night.

A great night of fun and friendship which is what Inner Wheel is all about.



KNITTERS AND SEWERS



Hands up, who has a beloved teddy bear that has been kept and cherished over the years? A good number of us, I bet, but have you ever asked yourself why they mean so much to us?

Teddy bears have been in modern production since 1902 and provide emotional comfort, a sense of security and can reduce negative feelings, such as loneliness and anxiety. A study in Amsterdam shows that even touching an inanimate object, such as a teddy bear, can soothe existential fears, bring comfort or ease low self-esteem. By knitting teddies for the children of refugees we can help provide these things to children who, through no fault of their own, have been thrust into highly stressful situations and deprived of their homes and security.

Thankyou for being part of this project to knit teddy bears for the children of refugees. The initial idea was for the teddies to go to Ukrainian children, but there is still no certainty about their arrival date. However, an organisation called Changemakers is keen to take the teddies and will distribute them to whatever children are currently arriving as refugees into New Zealand. At the moment there are refugees from Afghanistan about to leave the holding centre in Auckland where they have been kept for 6 weeks. and I'm sure the children would be delighted to receive a teddy. So now you can knit the teddies in whatever colours float your boat!

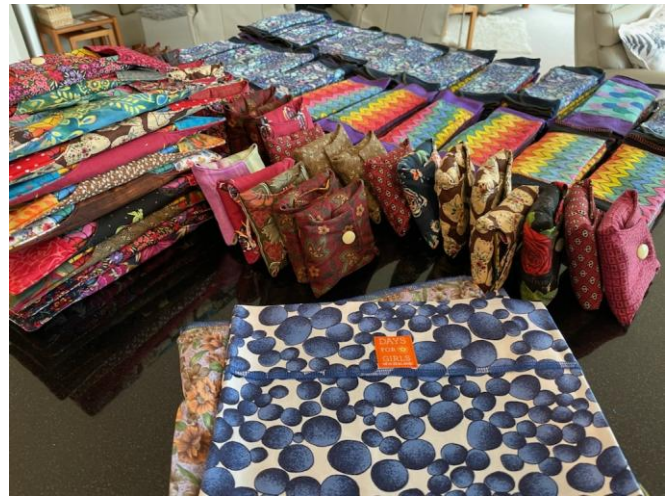
The \$2 shop in North City mall has 100g balls of acrylic wool for, guess what...\$2, so it doesn't have to be an expensive undertaking! Probably more suitable than pure wool as it will wash better. Please support this very worthwhile cause, if you're not already doing so, and help to bring some comfort and joy into the lives of children who have lost so much.

SEWERS

A big thank you to our regular sewers and some new ones who have taken up the task of sewing silky pillows and wheat packs for the Cancer Society. They are always in need of these items and really appreciate the work we do. Thank you too to the ladies that knit for the Neonatal Unit.



Three of our members regularly go along to our local Days for Girls and sew these wonderful packs for women and girls in need. Here are 66 packs completed ready to be shipped out.



LIFE FLIGHT TRUST



Thank you to all our volunteers who took part in the Life Flight Trust Street Appeal.

The proceeds from the Wellington Street Appeal all go to Life Flight, which operates the Wellington-based Rescue Helicopter and two nationwide Air Ambulance Planes. Life Flight operates out of the Air Base at Wellington Airport.



The Chopper

- For each mission, there is one pilot, one crewman, and one WFA intensive care flight paramedic aboard the chopper.
- We primarily attend accidents (e.g. car crashes, quad bikes), medical emergencies (e.g. cardiac, stroke), search and rescue, and interhospital transfers (e.g. premature babies or specialist surgeries).
- On average, we need to raise \$4,000 every time we get called to a mission from the community.

- Since January 2021, we have attended 542 missions in our local helicopter.
- Life Flight's Westpac Chopper was the first in New Zealand to be on call 24/7.
- The Life Flight Westpac Chopper flies everywhere around the great Wellington Region (from the Wairarapa to Kāpiti down to Blenheim, and even further if we are needed)
- We rely on the generosity of our amazing supporters to keep us flying!"

GOLF/WAIRARAPA TRIP

We had a great Wairarapa Golf Tournament.

12 ladies came - 8 played golf, two caddied, 10 stayed overnight, all shoppers, coffees and had fun.

It was a great reminder of our "fun and friendship" theme, even the rain while we were golfing did not dampen the spirits.



RESIGNATIONS

It is with sadness that we have received resignations from three of our members last month. In their letters, these ladies have each expressed appreciation for the welcome and the friendship they have experienced as members of Inner Wheel. We wish them well as they move on to new activities, acknowledging that, as the circumstances of our lives change, so too must we change what we do. As we farewell these lovely ladies, we remember their kind words, warm smiles and generous sharing over the years. They will be sorely missed.

Maureen Toomath has been a club member since 2014. Maureen's farewell says "It is with a lot of sorrow I feel I should leave the Inner Wheel club after a very enjoyable time spent with you all. I have met many friendly people and appreciate my involvement with you all. I find it is time to leave now and wish the club all the best in the future."

Judith McLay has been a club member for many years, having joined in 1990 and being awarded Honoured Active status in 2014/15. Judith's farewell echoes her unique experience, having watched the club unfold from its embryonic beginnings.

"I have enjoyed being a member for the last 30 plus years. Inner Wheel has come a long way from a few members meeting in houses to over 50 plus members meeting for dinner and interesting speakers. The thing that I liked doing was helping raise money for charity and helping with the catering. I wish the club well for its future."

Cheryl Jones joined our club in 2017. She has been involved in lots of club activities and will be sorely missed.

"There's so much happening in our wee world at present and, for a while now, I've been unable to contribute in any way. I will get back one day soon when circumstances change. I've enjoyed meeting lots of lovely ladies."

COOKING DEMONSTRATION

There is to be a **Cooking Demonstration** raising funds for the **Drowning Prevention Project**. After Covid delays, this will now be held on **Thursday 9 June at 7.00 - 9.00 pm**. The venue is **24 Margaret Shields Avenue**. The cost is \$20. It is open to all - men and women. Three wonderful cooks, **Chris Blick, Sheryl Perera, and Carolyn Wallace** will demonstrate making snacks/nibbles which will be provided as supper. A very worthwhile cause. Please email 46nanakay@gmail.com if you wish to attend.

BIRTHDAYS

Annette Craig
Carol Woodfield
Diana Paris
Fiona Burrows
Julia Mottram
Marie Press



Upcoming Events proceeding as planned:

- | | | | |
|---------------------------|------|------------|---|
| • Tasty Tuesday | 6pm | 7 June | Supply Room (Diana Paris) |
| • Craft Group | 10am | 9 June | Dianne Roberts |
| • Empowerment Day | 10am | 11/12 June | Coast Community Church and Paraparaumu Bowling Club |
| • AGM/District Changeover | | | |
| • Book Group | 2pm | 13 June | Carol Woodfield's |
| • Club Night | 6pm | 21 June | Changeover |

MONTHLY SUB GROUPS:

Book Club: 2nd Monday of the Month at 2pm.

We each give a talk on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera (233 1944).

Craft Morning: 2nd Thursday of the month at 10am.

Everyone takes along their own project and fun and fellowship is had by all. For more information contact Maureen Barber, phone 239 9528.

Tasty Tuesday: 1st Tuesday of the month at 6pm.

A group meets on the first Tuesday every month for a meal, chat and a good laugh. For more information contact Diana Paris (234 7683).

Mah-Jong:

Every Wednesday night 7-9pm at St Mary's Church in Whitby. Anyone is welcome to join this group and they are willing to teach new members. For more information contact Margaret Pine (021 610 906).

Table for 8:

You are invited to join a group of Inner Wheelers (partners are welcome too) for dinner on a Saturday evening. Please contact Christine Harrison, (christineh656@gmail.com or 234 7535).

YOUR COMMITTEE

President Anne-Marie Garrett 0276986024 amcl.garrett@gmail.com Vice President Secretary Sheryl Perera 233 9144 perera.home@xtra.co.nz Treasurer Marg Nation - 234 8710 nation@xtra.co.nz Membership Yvonne Thompson 234 7940 ytplace@gmail.com Editor Brenda Callear 233 8244 bcallear@orcon.net.nz	Almoner Maureen Barber 239 9528 jd.fam@xtra.co.nz ISO Velma Knight 04 299 1539 dvknight@xtra.co.nz Raffles Dinah McEwen 021 719 295 dinah@mcewen.nz Absences Karen Paulin 021 222 9471 admin@straitconstruction.co.nz Joy Tongs 235 5775 pairoftongs@hotmail.com NOTES: If you advise us you are coming to a meeting, then don't come, we still require you to pay for your dinner as we have committed for catering.	ALMONER If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you. Should you need a Driver please contact Maureen Barber on 239 9528. IW Bank Acct 12 3254 0081449 01
---	--	--

NICE WORDS - Help when you can, be there when you can, encourage when you can. A truly happy life comes from giving more than you take.

Yours in friendship

Brenda 

Check out the Inner Wheel websites and FaceBook page which are full of interest and information and change all the time. **www.innerwheel.org.nz and www.internationalinnerwheel.org**.

There is so much information of the Inner Wheel website - go and have a look you will be surprised.

You can still look at all the Digital Sessions under the heading of Events which you have missed - you can do this in your own time and learn a lot.

Under Library there is the Discussion Forum which has a Book Group, Gardners Patch, Knitting Network and Sewing Bees.