



# PLIMMERTON INNER WHEEL NEWSLETTER



November 2019

## President

Yvonne Thomson  
ytplace@gmail.com

## Secretary

Sheryl Perera  
perera.home@xtra.co.nz

## Treasurer

Joy Tongs

## Almoner & V President

Brenda Callear  
233 8244

## Events

Christine Harrison

## Raffles

Dianne McGavin

## Absences

Fiona Burrows

## Club Editor

Helen Scott

## Past President

Janet Reidy

## ISO

Karen Warner

## IW Bank Acct

12 3254 0081449

## WHAT'S HAPPENING NOW

Wednesdays Mahjong 7 - 9 pm

1 Nov Parkinson's appeal

5 Nov Tasty Tuesday at The Co-op 5:30

9 Nov **District Meeting New Plymouth**

11 Nov Book Group 1:30 Bev Lillico's

14 Nov Craft group 10am Julia Mottram's

9 & 16 Nov Table for Eight

17 Nov Legal Tender at Akatarawa Rd

19 Nov Club dinner and meeting 6pm

29 Nov Something Different - Garden Visit

### Future to add to diary

3 Dec Tasty Tuesday at The Co-op 5:30

9 Dec Book Group TBA

9 Dec Otaki shopping trip

12 Dec Craft group outing TBA 10am

17 Dec Club Christmas party 6pm

21 Jan Pizza and Plonk

## Happy Birthday

Clare Marker  
Dinah McEwen  
Janet Reidy  
Julie Bryant  
Lorraine Whyte  
Pauline Moulton

## Almoner

If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you.  
...Brenda Callear

## NOTES: Dinner meetings:

If you advise us you are coming to a meeting, then don't turn up., we still require you to pay for your dinner as we have committed for catering.

Check out the Inner Wheel websites and facebook page which are full of interest and information and change all the time. [www.innerwheel.org.nz](http://www.innerwheel.org.nz)

## Yvonne's Thoughts.

Good afternoon Ladies,

*I am writing this on the eve of my trip to the District meeting in New Plymouth. I am really looking forward to 4 days away with a lovely group of Inner Wheel ladies. I have written a "boastful" show and tell about all the wonderful things we have been up to, and have packed Neonatal blankets, wheat packs and silky cushions to display. As I wrote my three minute speech, it was hard to choose three things to talk about from the many things we do. In the end I chose the movie night, our support of Neonatal by collecting, making blankets and buying WOW tickets and lastly the "Something Different" group.*

*"Something Different" is one activity that sets us apart from other Inner Wheel clubs, as it enables us to meet together more often and in doing so, get to know each better, as we visit and explore our surroundings.*

One of the things that I noticed at Inner Wheel Conference in May, was that many of the clubs that are struggling, only meet for their monthly meeting and perhaps a lunch or morning tea in between. We have so many groups to choose from and even those of us who are still working can attend "Tasty Tuesdays", Pizza and Plonk, the Akatarawa Concert, WOW Show as well as getting alongside other members at collections, or fundraisers, like the movie night.

Due to the involvement of our members in club activities and events, membership is not, at this time, a problem for us. Membership is the main thrust of the Inner Wheel Strategic Plan. Another area covered in the Plan is succession and this is something that we need to be aware of. Already we have had members agree to come on to next years committee, to train for roles that will be coming vacant the following year. We do however, need someone who has the skills to be president. When first asked, I was reluctant to pick up the president's role but have to say that I have thoroughly enjoyed my first 5 months. I found that once I had worked out the routine of when in the month to do things, it all just fell in to place. Having such a great committee around me, who all put their hands up to help whenever they can, has meant that things just happen as they are meant to! You're not on your own as president, you're part of a team.  
I share this with you to encourage you to step forward and join the committee as vice-president next June.

Our committee has to be decided soon, so I would encourage you to think on whether this might be something you could do for your club. It certainly is rewarding! Please talk to Brenda or myself if you think you can help.

In friendship  
Yvonne

We were pleased to support the Parkinson's appeal, where we raised \$731.70. Parkinson's disease is a long-term [degenerative disorder](#) of the [central nervous system](#) that mainly affects the [motor system](#). As the disease worsens, non-motor symptoms become more common. The symptoms usually emerge slowly. Early in the disease, the most obvious symptoms are [shaking](#), [rigidity](#), [slowness of movement](#), and [difficulty with walking](#). Thinking and behavioural problems may also occur. [Dementia](#) becomes common in the advanced stages of the disease. [Depression](#) and anxiety are also common, occurring in more than a third of people with PD. Other symptoms include sensory, [sleep](#), and [emotional](#) problems.





The Try Something Different trip to Katherine Mansfield House was a great success. What a wonderful heritage building.

And below, Carol took time out from visiting family to help with the Neonatal Trust fundraising.



Welcome to 2 new members - Robin Mita (right) and Karen Paulin (left), who were inducted at the October meeting.



This note of thanks was received from a past resident of Arohata Prison. Restoring their dignity is what it is all about, so thank you ladies for your contributions.

*I would like to say a great big thank you for all you do for the women in Arohata. Having spent time there myself I know firsthand the difference you have made in mine and others lives.*

*Being able to get a nice bra is such a blessing. Oftentimes we arrive in prison having only the clothes we are standing in and no access to any others.*

*A lot of us have little, if any, financial support and therefore cannot afford to buy any new underwear. Our families are often in the same position.*

*From your kindness and generosity our dignity is restored. Thank you so much.*

*Yours sincerely,  
M*

The month of September was a busy one for club members. Another 14 Neonatal rugs were completed as well as 20 Silky Pillows. Thank you ladies for all your efforts.

Photos below also show the bras and nickers collection - amazing effort.

