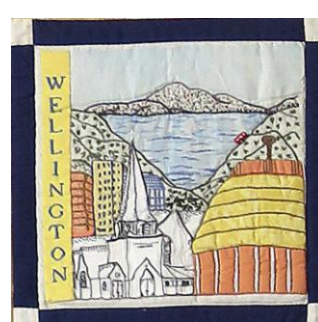
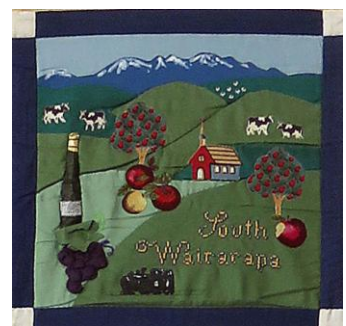
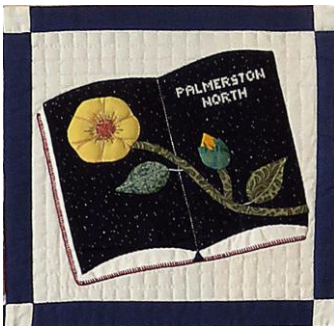




*Inner Wheel New
Zealand
District NZ294*



*E MAGAZINE
NOVEMBER 2019*

DISTRICT CHAIRMAN - CAROL WOODFIELD



'Let's Work Together'

I am thoroughly enjoying my role as District Chair and have received wonderful hospitality from 7 clubs so far. We have 11 clubs in our District and I am most impressed with your commitment to inner Wheel.

Congratulations District 294 members on completing an amazing 16,000 volunteer hours last year. Fantastic, I am very proud of your achievements.

Hopefully my visits will help members to see 'the big picture' and have a better understanding of Inner wheel at International, National and District level. I see my role as being your link, sharing ideas and listening to your suggestions. Please feel free to contact me anytime iwnz294chairman@gmail.com.

It's fantastic that so many clubs have taken on board our new Strategic Plan – Project Revive and have given great feedback. Our goal is to promote Inner Wheel and attract new members of all ages to ensure a healthy future for our amazing organisation. Don't forget to use the promotional material available, brochures, balloons, banners etc. Invite friends.

The important thing is to have fun in your clubs and enjoy working and playing together, on your projects, community service, interest groups and club meetings. Try something new.

Yours in friendship

Carol

DISTRICT NZ294 EXECUTIVE



Jeanette Townsend District ISO, Brenda Callear District Editor, Judith Dunlop District Secretary, Carol Woodfield Chairman, Debbie Lattey District Treasurer and Jill O'Sullivan Vice Chairman
Absent Marie Gillies, Past President and Carolyn Crutch, 2nd Vice Chairman

DISTRICT CHANGEOVER



The District Changeover was a great day packed full of fun and friendship. Marie commented on how truly amazing her year had been from visiting clubs to inducting new members.

Even though we had 2 meetings to get through all went very smoothly and members were well fed thanks to the Eastern Hutt Inner Wheel Club.

Marie passed the chain to Carol Woodfield our new Chairman for the year. Carol's theme is "Let's work Together" .

The Guest Speaker was Jamie Low from Oranga Tamariki. The Ministry for Children is a government department in New Zealand responsible for the well-being of children, specifically children at risk of harm, youth offenders and children of the State. She gave a very informative talk about her role and really made us think again about some of the stories we hear.



Later in the day a very special award was given to a very special person - Judi Newborn. She was presented with an Honoured Active Award for all the hard work she has done for Inner Wheel, at Club, District and now National level.

Well done Judi

The day was full on but still gave everyone the chance to catch up with members of other clubs.

We had lots of fun in fact the story of Cinderella will never be quite the same after seeing the District Committee perform a skit about the story.



DISTRICT AWARDS



Di Patchett receiving Chairman's Award from Marie Gillies for Tawa



Brenda Callear presenting Margaret Donaldson with the Editors Award



Dorothy Booth from Palmerston North - Candlestick Award

CONFERENCE IN CAIRNS AUSTRALIA

The IWA conference was held in Far North Queensland in Cairns and Tilly the turtle was the mascot. Tilly lives in the rescue facility and volunteers help with the turtles rehabilitation.

301 registered for Conference including the four members from NZ who were Carole Young, District NZ293, Dorothy Booth and Lyn Jensen District NZ294 and Dot Anderson-Lee District NZ298. See below:

The welcome dinner held on the Daintree pool deck was a nautical theme & we wore matching tops and sailors hats.

We also enjoyed a tropical themed dinner on the pool deck. As part of the Business session, every District Chairman gave a rundown of their activities achieved by their clubs. This was very interesting and they all contribute to the National Cord Blood project.

It was a quick trip to the tropics to join our sisters in Inner Wheel.



The highlight of the Inner Wheel Australia Conference Gala Dinner was the presentation of the Cord Blood Research Grants to Australian Scientists. This year's recipients are Dr Courtney McDonald and Dr Sam Greenall (both from Monash University) and Dr Alla Dolnikov from the Sydney Children's Hospital. The grants will be used to further research into treating paediatric and adult cancers, babies with brain injury during pregnancy or birth, and immunotherapy. Dr McDonald told the Conference delegates that since 2012 her research involving babies with brain injury has been made possible by grants received each year from Inner Wheel Australia, and clinical trials will commence next year.



DISTRICT MEETING



The District Meeting was held at New Plymouth North and what a welcome we all received. From the lighting of the friendship candle, to the reports from our National President and District Committee it was a great day with lots of fun, friendship and sharing of ideas. I think everyone came away feeling very positive and full of enthusiasm.

The Guest Speaker from St John's Ambulance was very informative and the day finished with another skit from the District Committee - The Twelve Days of Christmas like you have never seen before.

Morning Tea



Guest Speaker



Di Carswell is a paramedic with St John's Ambulance and she gave us a great insight into their work. St John operates 24 hours a day, seven days a week.

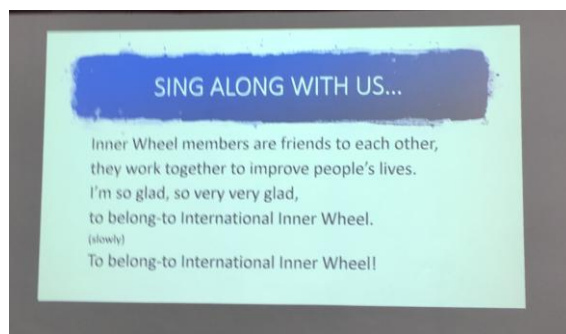
Vicki Ingils works with St John's Friends of the Emergency Department - Volunteers. They offer comfort and support, write up paper work, look after children and help the nurses so they can nurse the ill



Francis Burrus and Marion Patchett work in the IW archives and discovered a scarf that was used at IIW Conventions by IWNZ 1992 to 1997. They presented it to Carol Haskett our National President.

The ladies of New Plymouth North prepared and served our delicious morning tea and lunch





Then there came the "show and tell" from all the clubs about their activities which was very interesting and gave us all new ideas about supporting our local charities and also ways of promoting Inner Wheel. Kapiti even entertained us with a song and dance about Inner Wheel.



Wellington with the bags they made promoting IW and Palmerston North with their drain bags



New Plymouth North knitting for neonatal, blankets and dolls for the hospital.



IN REMEMBRANCE



Ivy Maureen Pearce - Tawa
Fay Hicks - Upper Hutt

HONOURED ACTIVE MEMBERS



*Marie Press - Plimmerton
Melva Waite - Tawa
Judi Newborn - Upper Hutt*

INTERNATIONAL INNER WHEEL PRESIDENT 2019-020 PHYLLIS CARTER



The theme for this year is **"Together we can"** – **Phyllis** wants you to join with her and show the world that, by being an Inner Wheel Member, **together we can** achieve our dreams and help others to achieve theirs, whilst enjoying friendships in our Clubs and with 110,000 other Members across the globe.



IIW President Phyllis Carter

OUT AND ABOUT WITH THE CLUBS OF DISTRICT 294

EASTERN HUTT



At the Changeover Marie wished to give out a special award to Darlene Westrupp who put on such a wonderful display of Hoola Hooping at the Conference in Auckland she presented her with her very own Hoola Hoop.

We have had a busy few months with some very interesting speakers. In July we had Laurne Griggs from Bellyful - Hutt Valley. Bellyful provides meals for families with newborn babies and families with young children who are struggling with illness. In September Alan Boaden who was the Director of Currency spoke to us about the problems of getting millions of dollars a day in Christchurch at the time of the earthquake.

Then in October we had Christine Prince from Birthright, Lower Hutt. Birthright provides support and advocacy for one parent families home based social work support, budgeting and parenting information.

In September we had a Walk and Talk with the Upper Hutt Club. The weather was fine but the wind so cold the Executive decision was to retire to the cosy warmth of the Golf Club Cafe and enjoy the morning in true Inner Wheel friendship.



Our fundraising screening of Downton Abbey at the Lighthouse theatre was a great success with a large amount of money raised from the evening for Birthright. From the feedback it seems everyone enjoyed the movie

On her recent travels Christine was presented with a banner by Rhonda Sawtell, President of Orange Inner Wheel, New South Wales, Australia. In common with New Zealand women, Rhonda is a 3rd time President of her club.



FEILDING

The members enjoy their regular meetings each month usually somewhere different. In July we visited Joe McMenamin's Art Gallery where Joe gave a talk about starting up the gallery and all it has offer. In August we enjoyed lunch followed by the movie Palm Beach.



In September our District Chairman, Carol Woodfield visited and it was good to hear of the happenings in Inner Wheel at District, National and International level.

The inner Wheel club of Feilding was chartered on 27th October 1979 and celebrated their 40th Anniversary on 19th October at the Feilding Golf Club.

Of the 45 in attendance, were four of the clubs charter members, Julia True, President, Patricia Linklater, Joyce Hammond and Patsy Barry. Our fifth charter member Lois Mills unfortunately broke her arm and could not attend.



L to R. Patsy Barry, Joyce Hammond, Julia True and Patricia Linklater.

A report on the charter evening was read and the charter members cut the beautiful cake. Our District Chair Carol Woodfield gave the toast to the achievements of the club and to a happy future working in our community.



KAPITI

With the future of Kapiti Inner Wheel membership to the fore our meeting in July was centred on the New Strategic Plan. There was much discussion and some great initiatives were put forward to our President Shirley. They included promoting ourselves to the wider community, and what members want from their club on moving into the next year and beyond.

That the quality of Friendship and Fellowship of support are important, and our Club has regular groups that meet within the club. Discussion on how we could work on encouraging new members to join were held.

On promoting ourselves to the Kapiti area, both Beryl Doyle and president Shirley Cressy have taken to 'the Air' by way of Beach FM Radio. Over the last couple of months explaining who we are and what we do. They have been interviewed and given some updates of how Kapiti Inner Wheel would welcome new members, and we had an 'open invitation' meeting in September to welcome those who wanted to visit with us. There are possibly a few new ladies interested to join us.

Recently we were part of an advertising page in local news "Join A Club" and this we hope will gain some new enquiries. The Club is to continue to promote ourselves as we go into the next year, and that we continue to regard service to others in the community and beyond.

Some of our members continue to be regularly involved with helping collecting for NZ Organisations and support fundraising. We are most grateful that they are willing to give their time to do this.

Each month we have a small but active group of walkers. This can be large or small, all welcome.



It was lovely to celebrate IIW Day with a Walk Talk and Lunch (at Local Club Vista) on Marine Parade. Had to be a week late due to all commitments (Fathers Day) – so 7th September here we are.



Our Guest speakers have been interesting so far this year.

Having had Nicki from "Sweet Louise" - the group who assist support those diagnosed with secondary breast cancer, this is the main charity Kapiti IW members have decided to support for the year.

Other options have been to assist local colleges who have talented students with the opportunity to travel to a major competition. Funding has assisted families struggling to get the young people to this event, due to the cost for them to attend. They were delighted to achieve this and had wins, or excellent placings!

Last month we were "taken on a journey" to find the best coffee beans that the owner of Kapiti Coffee can now supply us with. It was a very informative night.



Members continue to stitch and knit at a steady pace and the results are amazing with little Fish'nChip jumpers and blankets to provide prem babies with warm personally made "take home" gifts.

Mah-jong, Rummikub and Scrabble are a monthly gathering for many of our members.

In late September there was the "All Ages Up and Go Expo" which some members spent a day preparing food for those attending. It was an exercise in several ways, and we raised a large amount of money towards our chosen charities.

As always we promote Friendship, Fellowship and Service to each other and our community.

MANAWATU

Our club members have been busy with their knitting needles over many months and in July the club presented Kere Smith, Manager of Family Start, Manawatu with 11 lovely blankets. Family Start helps families/whanau who are struggling with challenges or problems that make it harder for them to care for their babies or young children. These blankets will be given to Family Start's social workers who will pass on to those most in need.

Left to right: Members Kathy McKnight, Anne Allen, Kere Smith from Head Start and Member Carolyn Johnstone with some of the blankets



In July the club presented to Kathy Simpson from the charity Starlight the last of the gift bags created by members and the large number of items to be included in the bags. Starlight provides toiletries and gifts to those suffering from mental health issues both in the hospital and out in the community centres.

Kathy Simpson of Starlight Charity receiving some of the many gifts bags and donations from Club Member Jude Dickens

At our August meeting Craig Honore from Fonterra gave an interesting talk regarding the making, marketing and exporting of the many varieties of cheese. We were lucky to be able to sample some of these. Some are not available in New Zealand as they are exported to countries like Japan and China.



Craig explaining the different type of cheese



Member Carolyn Johnston helping Craig prepare the cheese for tasting

To celebrate "International Month" our September meeting was held at the Golden Time Chinese Restaurant. We enjoyed some authentic and traditional Chinese cuisine.



PALMERSTON NORTH

This year has been busy with President Anne Rush wanting to focus the club on more activities between our monthly meetings. So far we have had a 10 pin-bowling and a movie and meal outing. As both were very well supported we are planning on having more of these outings.



Margarette Golding Award

In September we had the honour of hosting the presentation of the Margarette Golding award at our club meeting. The award went to Palmerston North woman, Helen Griffin who has worked tirelessly for the 'Days for Girls' charity, which she introduced to New Zealand in 2011. Days for Girls supply personal hygiene kits to girls around the world who, without them, would be unable to go to school during their monthly period. Last year Days for Girls NZ distributed 3500 packs worldwide.



We continue to have regular sewing bees to sew drain bags for the local hospital to assist cancer patients and other patients. They are in hot demand and so far this year we have completed 170 drain bags with projected numbers for this year being 250+. Virtually all material used to make the bags has been donated.



PLIMMERTON

Speakers



We have had some very interesting speakers including Majed Burhan who spoke about her experience of fleeing Syria and a very inspiring talk from Susan Hindley who runs "Days for Girls" locally. More recently we had our District Chairman Carol Woodfield



The Neonatal Unit in Wellington have a huge number of wonderful volunteers who give their time, lending their skills and abilities to help The Neonatal Trust. The Unit are incredibly grateful to the army of talented knitters who continuously provide gorgeous, lovingly created, woollen items to help keep babies snugly warm. The Unit asked Plimmerton Inner Wheel to help make the peggy squares into blankets and in June

we held a working bee, spreading all the squares out, using their colour-coordinating skills and grouping them accordingly.



Many took the work home to finish and the result was many blankets to help keep tiny neonatal patients warm. This has become an ongoing project.



Through our ongoing commitment to Wellington Neonatal Unit many members attended the Unit's Charity WOW evening and in September we held our own WOW evening which produced some very weird and wonderful costumes/hats.



The club is very busy each month with many varied activities. We have a book and craft group, Mah Jong and Tasty Tuesday. The ladies are often busy sewing silky pillows and wheat bags for the Cancer Society and we recently inducted two new members.



Wellington City Mission appealed for non-perishable food for their pantry which was sadly depleted. At our August meeting we ask members to bring along a non-perishable food item

Zonta - We collected Bras and Knickers for Zonta to pass on to the prisoners at Arohata

Try Something Different has been a very popular interest/friendship group. Trips have included a tour of the Supreme Court and lunch at the Wellesley Club, an outing to the Reserve Bank and more recently a visit to the Roxy Theatre where they enjoyed a short talk about the history of the theatre. More trips are planned for the coming months.



Plimmerton Inner Wheel - Supporting the National Service Project Look Good Feel Better.



A fundraising film evening was held in July which was very entertaining with soup/rolls and sweet included. With raffles to help swell the funds we raised a large amount to donate to LGFB. President Yvonne Thomson presented Glenda Schmitt from LGFB with the cheque.



Walk and Talk With South Wairarapa

We enjoyed a very pleasant afternoon with the South Wairarapa Inner Wheel club. We were hosted to a lovely lunch followed by a trip to Aotearoa Stonehenge. The Henge is a window into the past. Stone circles played an important part in the history of almost everyone. The stones are neutral and welcome people of all cultures, beliefs, faiths and religions.



NEW PLYMOUTH NORTH

New Plymouth North Advertising Inner Wheel

With so many empty shops in the New Plymouth town centre we approached one of the owners to have a display in their window. It proved to be very successful as one of our members has a shop close by and interested ladies were given that address to find out more about Inner Wheel and our club in New Plymouth.



Women's Lifestyle Expo



The Expo was another opportunity to build awareness of Inner Wheel and meeting lovely ladies. So many more women now know about Inner Wheels as well as finding out about who in our community needs help.

A fun evening stuffing and sewing dolls for the hospital. Always fun when we do things together.

Doll Stuffing Evening



Garden / Art Group



When the weather turns bad in the winter our Garden Group turns into an Art Group. We had a lovely visit to Jayeta Valentine's studio where we learned about her journey to becoming an artist with a demonstration of some of the techniques she uses for her art.

Visiting Local Artists



Getting Crafty



Having fun making cards and raising money for charity. A card class taught by one of our members. Sharing our skills with each other.



SOUTH WAIRARAPA

The Greytown Shared Pantry is now up and running thanks to a joint effort by the following South Wairarapa organisations: Rotary, Inner Wheel, MensShed, Lionesses, Greytown Medical Centre, Lamb Peters Publishing and Fresh Choice. Finally we are up there with Carterton, Featherston and Masterton where these 'give and take' food facilities have been helping their communities for quite a while. It is on the veranda of the Greytown Medical Centre, 186 East Street, Greytown, and is open 24/7. It was great to have one of our South Wairarapa District Council Councillors, Colin Wright, to untie the ribbon and officially declare it open on behalf of the Mayor, Viv Napier on 21 June.



At the launch, from the left, Helen Grey, Graham Evans, Kathleen Rushworth, Councillor Colin Wright, Ali Rankin, David Halford, Debrah Johns, Liz Poynter, Anne Hayden, Peter Bennett.

In order to manage it a small group has been formed. It intends to follow a Wairarapa food bank's example of adding simple recipes to help inspire people to prepare and enjoy their food even more. Inner Wheel and Lionesses will be tasked with the job of sharing some of their family favourites that do not take too much preparation.

To the cooks out there, any gems you might have in your recipe books, please email to Kay Gates at: kay.gates@icloud.com.

Interestingly, the free food movement started in Otara, South Auckland, the "Open Street Pantry Movement, called "Pātaka Kai" the Maori meaning for Food Storehouse. It evolved to meet a need at grass roots level, facilitating neighbours to help their neighbours. The general principle is, TAKE WHAT YOU NEED OR GIVE WHAT YOU CAN. According to Pātaka Kai, there are now 117 opened pantries, with another 53 under construction (sourced online 26 July 2019). Although the Greytown Pantry is not registered with Pātaka Kai, we have accessed their guidelines and advice, as we acknowledge we are on a steep learning curve. As well as sprouting around New Zealand, the Open Pantry Movement has inspired other countries like Africa to develop similar facilities.

Back to the Greytown launch, we were very fortunate to have generous donations of food from our Community Board Chair, Leigh Hay, Chris Ward of Fresh Choice and Inner Wheel members. So the pantry is well stocked. One gentleman arrived with an item who told us his wife said he "could take one thing only from their pantry and not to bring anything back!" Other members of the public expressed their delight that the Pantry was there. Debrah Johns, Operation Manager of the Medical noted that there was definitely a need for a shared pantry in Greytown so please spread the word.

The MensShed have done a magnificent job of building the pantry which is very securely bolted against the Medical Centre veranda wall. They have also installed trellis in the garden opposite the pantry to provide shade and protection from the winter sun. This may also serve to provide some privacy for those accessing the food. The pantry was funded by Rotary and the trellis by Inner Wheel, both of South Wairarapa.

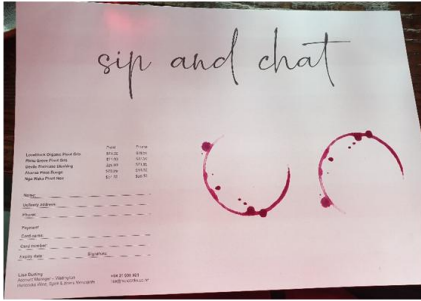
A word for those people who are donating food, please ensure that it is fresh if it is fruit or vegetables from your gardens, and **unopened if in packets, bottles or tins**. Any food that is found that has been previously opened will be removed and thrown out. This is to safeguard the wellbeing of those taking food. Donations such as tinned vegetables, eg. tomatoes, or dried fruit or vegetables are very welcome. As time goes on we will have a better idea of what is in demand.

Finally, a big thank you to the community of Greytown for supporting this project.

TAWA



Tawa have continued to focus on their main goals during the first half of the Inner Wheel year planning and running activities which helped meet those set outcomes. One emphasis was to continue to work within the local community raising funds or contributing with time and goods. The first of these was Stuff the Trailer; a concept established to invite shoppers to donate grocery items for the Tawa Foodbank. Tawa Rotary and the Salvation Army worked alongside Inner Wheel to ensure this day was as successful as it could possibly be. Secondly a Quiz evening at the local tavern. enjoyed by over 80 participants, was held in September with the profits going directly to the Tawa Community Patrol.



Inner Wheel profile was the second emphasis and opportunities to bring awareness within the community has been of high priority. The monthly “Sip and Chat” took on a new look with a Wine Tasting; an invitation to partners and friends. This was held at the local establishment with the Inner Wheel banner and much laughter presenting just the right image to attract onlookers.



The local “pop up market” was an ideal venue to set up a stall with promotional material and raffle attracting those passing by. Spring Into Tawa – the annual community fair - will also be used for promotion with the selling of Produce bags, sewn by members, the raffle and information about Inner Wheel on offer.



Blankets and Beanies for pregnancy help, Hospital Bags, supporting reading programmes in schools, catering for the Tawa Men’s Choir, Funeral catering and supporting Street Appeals continue to be ongoing projects within the club.



Fellowship is also critical and this can be seen at the monthly coffee morning and the clubs’ meetings with interesting speakers. Bronwyn Hutchinson spoke about her journey following a diagnosis of Multiple Sclerosis, the local florist gave hints to make the perfect flower arrangement and the July meeting was dedicated to unpacking the Strategic Plan recently produced by IWNZ. The club was delighted to induct a new member in August.



UPPER HUTT

The Inner Wheel Club of Upper Hutt became aware of the Wellington Regional Cardiac Unit's need for pillows to protect the operation sites of patients who had had cardiac surgery or pacemaker implants. We acquired a pattern, held a sewing bee and made thirty two pillows. Since then our contact person with the unit has joined our club and taken part in a sewing bee to make more pillows.

Heart Pillows Sewing Bee



Clockwise from Bottom Left: Lyn Otway, Past President; Judi Newborn, Secretary; Ethel Gray, ISO; Marilyn Anderson; Margaret Donaldson, Editor; Derene Charles; Lin Coleman; Jill Andersen, Treasurer.



Standing: Judi Newborn, Secretary; Jill Andersen, Treasurer; Marilyn Anderson
Seated: Lin Coleman-Cardiac Unit contact, Derene Charles, Lynn Otway, Past President; Ethel Gray, ISO.

WELLINGTON

In June Wellington Inner Wheel celebrated 37 years. We celebrated at our usual dinner monthly meeting, with dessert which was a magnificent Gluten Free Birthday cake made by one of our members.



We have an enthusiastic number of sewers who have meet for two working bees to sew for Days for Girls, and we plan to have two more before Christmas. We have made 200 liners, about 60 shields and a dozen of the bags which are used to send all the materials to girls around the world. We have been told that some of the products we have made have been sent to Keri-Keri High School because even here in New Zealand families find buying sanitary products too much for their budget.

We have probably spent 120 hours on this work so far this year. We enjoy the sewing bees and the time we spend together working for this great organisation.



We produced some small bags filled with basics like toothpaste, handcream, face cloth etc to give to women who had qualified to leave Arohata Womens Prison. The prison management were inspired to start a “cottage industry” and now the women prisoners make the bags, and also a larger bag so that women leaving prison have something, other than a plastic/paper bag, to take home their belongings. Our club now supplies the “basic items” to fill these bags.

In addition we have had very inspiring speakers, these ranged from nutrition, the Wgtn Harbour Master, public speaking made easy.

Ladies who lunch is very popular, and the walking group which has functioned with a weekly walk has disbanded after 5 years of walking.

FROM THE ARCHIVES - EDITOR'S REPORT TO DISTRICT MEETING 17 JUNE 1995

judith is my name, Editor's my station
Thanks one and all for the nomination
My first year is over, where has it gone?
The news of the District read with tea and scones
Some funny, some sad, some bright
Lots of activities for both day and night
Thank you to Club Correspondents
From whom NZ Post did deliver
Lots and lots of common sense
Some newsletters, large, some a mere sliver!
Exhorting members to attend
The variety of activities arranged
You do a great job
I'm full of admiration
Prizes I cannot give
But hear ye this citation
Awapunni's Joan recycles envelopes savings in mind
While Johnsonville's Betty regularly gently reminds
Lorna in Stratford, Fitzroy and Ngaire in the Hutt
Make sure everyone's never struck in a rut

Easter Hutt, Kapiti, Palmerston North's Joy all set out clearly
The reasons for meeting at 7.30, not nearly
There's a Shilling in Tawa, a pound worth has given
Western Hutt, New Plymouth North's Marian, Wellington
Fielding, Plimmerton too
Along with Upper Hutt keep busy, always new things to do
South Wairarapa, last but not least
Reports great goings on way in the East.
Thank you one and all
For tales true and tall
From your notes I have gleaned
An alphabet of activities and ideas which can be screened.
Please keep those notes flowing
We can't have the postie slowing
A magazine for October is the next one due
I say quite clearly it is up to you.

Judith Dunlop
District Editor NZ294 - 1994/95

DISTRICT PROJECT - RUEL FOUNDATION



The Ruel Foundation is a faith-based humanitarian organization dedicated to alleviating the suffering of children living in poverty & isolation in developing nations. Working primary in the Philippine Islands, the Foundation seeks to fund surgeries for children living with a physical impairment.

The Foundation also operates a crisis center for children at risk. This 50-bed facility is available to children who are in life threatening situations such as starvation, neglect, abuse or abandonment. Working closely with local health care authorities, the children receive medical care and are put on a nutritious feeding programme. When well, they are either return to their families if the situation is considered safe or placed for adoption. The physical, spiritual & emotional restoration of these children can take anywhere between 3 months to several years.

Give a Smile Update - Wow! We have already operated on more than 100 children during the past twelve months, mostly to rectify their cleft lip/palate. It is such a joy to see lives changed radically after just 30 minutes in surgery and at the cost of only \$250



Grace - Deaf Girl is able to hear



Grace is a delightful 9 year old girl, who is living at Ruel House, while she awaits her adoption with her "forever family".

She is deaf in her right ear and partially deaf in her left ear. Recently 3 ladies from New Zealand visited our orphanage, Ruel House. Their hearts melted when they saw beautiful Grace and realised her potential. They decided they would set up a "Give a Little" page to fundraise for some hearing aids for Grace. HUGE thanks to all who contributed to this page, it has given this gorgeous girl the gift of hearing!

Renz - Blind Boy receives his sight

Renz is a 6 year old "Mangyan" (a tribe in the Phillipines) boy who has been blind since birth due to congenital cataracts. His Mum brought him to Ruel House, our base in Calapan City, in hope that we could help him.

Firstly Renz was admitted to Ruel House for nutritional build up and advice from an ophthalmologist. We received exciting news that his diagnosis was operable, and amazingly for less than US \$1000 per eye he would be able to see! In April we were able to operate on his first eye. What an incredible day that was!



This District certainly has left a 'Lasting Legacy' and we went on to 'Empower & Evolve' & 'Together we did it' as we continued to support this very worthwhile Foundation.

Our District has raised & donated \$3000+ to this Foundation & I feel this project has now run its course & the opportunity is there for someone else to take the reigns up & develop a new project for the forthcoming year of 2020/21.

NATIONAL SERVICE PROJECT- LOOK GOOD FEEL BETTER

*IWNZ is delighted to be supporting the work of **Look Good Feel Better NZ** as our National Service Project.*

Look Good Feel Better offer free Feel Better classes to support any cancer patient with any cancer. Inner Wheel Clubs across NZ are supporting LGFB through various fundraising initiatives and as volunteers with the LGFB programme.



Look on the Inner Wheel website and under Service - National Project and see all the information you need to know about Look Good Feel Better and how you can donate to this great cause.

Find out more about the fund raising activities from many Inner Wheel Clubs around the country



Purchase a Butterfly Badge



DIARY DATES

18 April 2020	District Assembly
TBA June	District Meeting/AGM/Changeover
TBA	Conference Queenstown
March 2021	Convention Jaihpur India



THOUGHT FOR THE DAY

Our Guest Speaker at the District Changeover, Jamie Lowe, a social worker, from Oranga Tamariki said:

“The women who are part of Inner Wheel may not have seen or experienced what I have seen but when I looked around the room, all I see is a group of intelligent, motivated women who are passionate about making change and bettering the lives of others”.

Don't forget to look at the Inner Wheel websites and facebook page which are full of interest and information and change all the time.

www.innerwheel.org.nz and www.internationalinnerwheel.org