



Dale Williams and Carol Woodfiled

## Inner wheel Club of Plimmerton April 2017



### *Carol's Corner*

*A week in the life of your President : I have had a wonderful week filled with Inner Wheel 'Fun and Friendship', which happens to be my theme for this year.*

- Friday - Set up for Rotary Book Fair Cafe*
- Saturday - Rotary Book Fair Cafe*
- Sunday - Rotary Book Fair Cafe*
  - Tawa Inner Wheel 35<sup>th</sup> Anniversary lunch*
  - Then back to Book Fair for pack up*
- Monday - Meeting with Mayor Mike Tana, Playground project managers, Christine Blick, Adrienne Murray and Jenny Lucas to discuss accessible playgrounds and our community service, along with Rotary.*
  - Committee Meeting in the evening*
- Tuesday - Tasty Tuesday friendship dinner with 10 other Inner Wheel ladies.*
- Wed - Mahjong Club and some more fun.*
- Thursday - Meeting with Brenda to work on newsletter.*

*Phew, a wee bit tired I must admit but I have loved every minute of it.*

*The Book Fair Café was a great success and we will proudly present \$1500 to Joy Allcock for her Shine project, which is having amazing results in teaching children to read. You have 'touched many young hearts' and I cannot thank you all enough for your support and delicious home-made food. A huge thank you especially to Judith Tanner for leading the team.*

*On a sadder note we would like to send our love and condolences to Carolyn on the loss of her dear Mum.*

*You will already have received my email requesting help with the Porirua playground audit to enable planning for Inclusive play equipment for all children. Please let me know if you can spare a few hours to assist with this joint IW/Rotary community project. Training morning for this is on 18<sup>th</sup> April.*

*Lots to look forward to including the CPR evening on 10<sup>th</sup> April, Indoor Bowls with Tawa Club on 4<sup>th</sup> May and Pink Ribbon Lunch on 19<sup>th</sup> May.*

*Yours in Friendship  
Carol*

## MARCH MEETING - DALE WILLIAMS ONZM JP NZTCMCE fMTA

Dale is an enthusiastic, inspirational and entertaining commentator on the challenges and opportunities of 'Young people Transitions and Jobs', 'Community Ownership and Leadership' being some of his passions. He has served many years on Otorohanga District Council, including several terms as Mayor.

He is currently a Porirua City Councillor where he is keen to develop community initiatives especially to support young people coming into the workforce.



## APRIL MEETING - HAYLEY BROWN AND ROB OSCROFT FROM EVOLUTION HEALTH

Hayley and Rob will tell us about their specialised therapy that uses an increase in the atmospheric pressure to allow the body to incorporate more oxygen into the blood cells, blood plasma, cerebral-spinal fluid and joint fluids at greater volume. They treat many conditions such as strokes, cancer and arthritis. Their specialised equipment, including the electromagnetic pads, can enable the body to heal itself.

## DISTRICT MEETING

A great day! - Ladies from all over our District gathered in Paraparaumu for this years District Assembly (previously called 'Training Day'). Paraparaumu hosted us with amazing catering and it was a really fun, sharing event. Plimmerton Inner Wheel were very well represented with 7 members attending, all coming away feeling very inspired and very proud of our clubs achievements. This event is highly recommended to any members who wish to attend in years to come.

Incoming District Chair Judi Newborn introduced herself to us all - her inspiration coming from her 90 year old mother who is still very actively involved in her own Inner Wheel Club in the UK. We were then into having the fun part, as Judi is a Sewing and Textiles tutor in real life we were given copious quantities of crepe paper, cardboard etc to dress one of our group as a model for a 'Day at the Races'. Creativity and teamwork were very evident and the room took on a very deafening buzz, the results can be seen in the photos !!!!!.

Both Judi and the IWNZ Vice President spoke about next years exciting theme "Leaving a Lasting Legacy" a very workable and tangible theme to look forward to next year. The always bubbly Di Patchett also gave a very enthusiastic and inspiring talk on why we all should be proud to belong to Inner Wheel

Inspiring Ladies



## ENTERTAINMENT BOOK

We are fundraising again for The Wellington Free Ambulance. Please contact Carol 021 986 774 [carolwoodfield5@gmail.com](mailto:carolwoodfield5@gmail.com) to register your interest and receive early bird vouchers.





## GOLF/SHOPPING TRIP AWAY

What a fun trip we had away in the Wairarapa. We met for lunch and then proceeded to the Caterton Golf Course only to find it was closed. They were "coring" the greens but they decided to let us play and we had the course to ourselves which made for lots of fun. Especially when someone duffed a shot or had a great drive we could use our whistles without annoying anyone. The Solway was great and drinks before dinner outside was very enjoyable. Up an off early the next day - can't miss out on shopping time. A couple of very relaxing days with good weather and great company. .



A huge thank you must go to Marg Nation for all her hard work, I just did a bit of running around on the day. A definite must for next year

Champion for the day with the most stablefords was Carol Woodfield as you can see she is ready to blow her whistle when she scored this 2

Christine Blick won the prize for the least shots to the green on the 2nd fairway and Joy Tongs hit the green on the 6th.

Well done girls



Golf and some retail therapy, luckily the chair fitted in the car





## BOOKFAIR CAFE



"Judith is a champ! I have never seen anybody work so hard or at such a pace! Does she ever stop! A big pat on the back to you and the organising committee."

These kinds words were sent to Carol from one of our members and we all extend a HUGE THANK YOU to Judith for all her organising and to everyone - there were over 50 members who contributed in some way over the weekend.

With all the generous donations of delicious home baking, sandwiches, sweets, preserves, donations and energy provided from those who managed the café, making teas, coffee and serving food, we raised \$1,500 for the "Shine Project" – closing the gaps in reading in Porirua schools led by local lady Joy Allcock. The spread of food was admired and enjoyed by many people. A big thank you to everyone for making it a great weekend of Inner Wheel friendship and achieving this result.



## WOMEN'S REFUGE

We all go travelling at times and at the last meeting Barbara Nichols asked that we collect the little shampoos/conditioners and body creams that we pick up from the hotels and cruises. We would also appreciate little packs of tissues, hairbrushes, tampons and little treats. If you don't get freebies from hotels but would like to contribute K Mart and the \$2 shops also have inexpensive cosmetic or toilet bags and nail files, facial wipes etc. We are going to put these packs together in gift bags, so if anyone wanted to donate any of the larger ones, (they may have used ones you could recycle) that would be great.

These packs are primarily for women who have usually left a bad situation in a hurry and have absolutely nothing with them so basically they are an emergency kit, with perhaps a treat or two!! Please bring them along to our next meeting on the 18th April.

## TAWA BOWLS EVENING

Are you interested in being part of the team to visit Tawa Inner Wheel and enjoy a night of indoor bowls, fun and friendship. This is being held on Thursday 4 May at 5pm. If you are interested please contact Christine Blick - [gblick@xtra.co.nz](mailto:gblick@xtra.co.nz)



## NEW MEMBERS



A very big welcome to our new members:

Cheryl Jones, and Donna Kelly

## ACCESSIBLE PLAYGROUND AUDIT - VOLUNTEERS NEEDED

Please refer to Carol's email of 6 April for details. Hopefully we will be able to get a team together to help with this community project. There will be a training morning on the 18 April. We will still be looking for helpers even if you cannot make the training.

## ALZHEIMERS

Many of us have relatives and friends who have battled with this dreadful disease. This poem I think sums up what it all about and what sufferers have to deal with and how frightening it must be for them.

**Poem about Alzheimer's**  
Do not ask me to remember  
Don't try to make me understand  
Let me rest and know you're with me  
Kiss my cheek and hold my Hand.  
I'm confused beyond your concept  
I am sad and sick and lost  
All I know is that I need you  
To be with me at all cost.  
Do not lose your patience with me  
Do not scold or curse or cry  
I can't help the way I'm acting  
Can't be different 'though I try  
Just remember that I need you  
That the best of me is gone.  
Please don't fail to stand beside me.  
Love me 'till my life is done.

## OUR CLUB DINNER MEETING

**We meet the 3rd Tuesday of every month at 6pm, at Plimmerton Boating Club**

***Please remember that if you have said you are attending and are a no show you will still have to pay \$25 to cover catering costs.***

Payment for the dinner is to be paid at the bar once you have signed in and efpos will be available. Drinks will also be available at the bar.

## MONTHLY SUB GROUPS:

**Book Club:** 2nd Monday of the Month at 1.30pm. We give a talk each on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera's 233 9144 or email [perera.home@xtra.co.nz](mailto:perera.home@xtra.co.nz)

**Craft Morning:** Next craft group will be on **23d March** at Dianne Robert's home 4 Port Lane Whitby at 10am. Everyone takes along their own project and fun and fellowship is had by all. For more information contact Dianne Roberts Phone 237 8087 or email [dna.roberts@gmail.com](mailto:dna.roberts@gmail.com).



**Tasty Tuesday:** 1st Tuesday of the month at 6pm.. All are welcome to meet every month on the first Tuesday for a chat and a good laugh. They meet at Denny's or the Co-op. For more information contact Von Groom Phone 04 2934461 or email [vonxx@xtra.co.nz](mailto:vonxx@xtra.co.nz)

**Mah-Jong:** every Wednesday night 7-9pm at St Mary's Church in Whitby. Everyone welcome and they are willing to teach new members. For more information contact Margaret Pine Phone 2346471 or email [margaret@ownboss.co.nz](mailto:margaret@ownboss.co.nz)

**Table for 8:** For those new to Inner Wheel this initiative is to foster Inner Wheel friendship while enjoying a shared meal at a members home. Everyone will take a turn to host an evening. It is open to couples and singles, so if you don't have a spouse or he is away or doesn't want to come you can still enjoy the company of others. We meet four times a year. The host member will serve the main dish and others will be asked to bring, nibbles/entrée, side dishes and dessert. The next date is 6 May. If you would like to join us please contact Lorraine Whyte 973 2565 or email [montrose30@gmail.com](mailto:montrose30@gmail.com) to register your interest.



## BIRTHDAYS FOR APRIL

Maureen Barber  
Stephanie Morrison

## NIICE THOUGHTS:

Some people tend to forget that kindness and manners are free. It costs nothing to be kind.

Yours in friendship  
Brenda



## DATES TO REMEMBER

18 April

**Club Meeting at Plimmerton Boating Club  
AGM**

4 May

**Tawa Bowls**

11- 14 April 2018

**Melbourne International Convention**

**For more information about the Convention please  
contact Carolyn Wallace**

**There are already 9 members confirmed**

**Inner Wheel Web sites are:**

<http://plimmertonrotary.org.nz/Inner+Wheel>

<http://www.innerwheel.org.nz>

<http://www.internationalinnerwheel.org>

