



## Inner wheel Club of Plimmerton August 2015



### *The kitchen team at the District Changeover*

#### *Carolyn's contemplations -*

*We are certainly have had a very cold and wet winter this year, but with all the wonderful Interest groups that Inner Wheel now has there is not time to say I have nothing to do.*

*Our first speaker Dr Patrick McCarthy spoke about being a more positive person gave us some really interesting thoughts. I really loved it that his Grandfather said to him every day "One day you will be be best at whatever you choose to do wherever you choose to do it". something we could all say to the young people in our lives.*

*So many new and exciting things have been happening this last month. The two new Interest groups have started and have been a great success. Keen Cooks and Foodies led by Christine was a fantastic night of learning and taste, then Outside the Square led by Lorraine was another most enjoyable day in town.*

*Annie has set up new IWgmail addresses which will make it much easier to pass on information in future years. She has also set up Internet banking which is certainly a huge timesaver for everyone. While speaking of Annie she also arranged the microphone free of charge at Aotea for our meetings. Thank you Annie for everything you do. Another very exciting thing that is happening is the joint Plimmerton Rotary and Inner Wheel Garden trail. This is a huge fundrasier for the Te Aro Piko Pathway, led by Jenny Jackson.*

*Our spring Walk and Talk with South Wairarapa*

*Inner Wheel is a beaut this year. They have arranged for us to visit The Greek Chapel then onto Cottier Estate for lunch which they provide. Keep Friday 16 October free, this is going to a be a special day with lovely ladies over the hill.*

*I have always said how much I love Porirua and its young people, we are so lucky to live in such a rich multicultural area. Last week I had a Porirua moment. I was in the Cannons Creek pool doing aqua-aerobics to loud music as always. In come a couple of bus loads of children for their lessons. Suddenly the whole lot of them started dancing and clapping - it was fantastic. Where else does this wonderful spontaniety happen.*

*This months speaker is especially special. Dr Elizabeth Sneyd who has started the Virtuoso Strings Orchestra amongst 10 low decile schools in the Porirual area. She will bring a few of her very talented children with her. This has always been for me the main recipient of our fundraising this year.*

*Many of you are on holiday at the moment, enjoying warmer weather - enjoy. All of us others can enjoy all the treats that IW now offer.*

*Yours in friendship,  
Carolyn  
President Plimmerton Inner Wheel*





## OUR SPEAKER FOR JULY

Dr Patrick McCarthy is a registered practitioner who also works in the fields of psychology and hypnosis. He gave a very interesting and sometimes amusing talk about his work. He has had great results working with women suffering from post natal depression.

He spoke a lot about how peoples attitudes, from the very pessimistic to the really optimistic. He commented New Zealanders on a whole can be pessimistic probably something to do with being a little country and a big world. He gave instances of how just by changing the way we say and do things can make a difference in the way we lead our lives. Life should have more balance and being slightly optimistic in your attitude would lead to a more fulfilling life.



## NEXT MONTHS SPEAKER - Virtuoso Strings

Dr Elizabeth Sneyd and husband Craig are professional string players who share a deep love of music and musical instruments. During the last Queens Birthday Awards they received the "Queens Service Award". Dr Elizabeth will come and speak to us bringing a few of her children with their instruments. Below is what the citation said about them.

**DR ELIZABETH SARAH NEAL SNEYD** - For services to music education

Dr Elizabeth Sneyd and Mr Craig Utting are music teachers in the Wellington region and jointly run the Music Learning Centre from their home in Tawa.

Dr Sneyd and Mr Utting have provided lessons for children from families who have been unable to afford music lessons, for minimal or zero fees. In 2013 Dr Sneyd co-founded a charitable trust to provide free music tuition to students from low decile schools in Porirua.

## GOOD SORTS - MARY TEMPERTON

As a member of Inner Wheel we are often called upon to do collections, sewing and many other different activities. Mary Temperton is always willing and turns up and silently gets on with whatever is asked of her whether it be working bees, collections and any other Inner Wheel activity.

Mary transferred from the Porirua Inner Wheel club to Plimmerton when their club folded, so our gain!!! Everyone is important in their own way and appreciated.

## THE ENTERTAINMENT BOOK / DIGITAL MEMBERSHIP

This is still available for BIG savings on activities, sports, car hire, holidays, meals, shopping, the zoo ..... the list goes on!

The cost is \$60 and discounts are available until June 2016. Please go to [www.entbook.co.nz/11101j9](http://www.entbook.co.nz/11101j9) to order ( this will take you straight to our Plimmerton Inner wheel payment page ) or you can contact Carol Woodfield at [woodfields@clear.net.nz](mailto:woodfields@clear.net.nz), ph 04 234 7335. **We make \$12 on every sale which is going to the House of Grace this year.**

## DATES TO REMEMBER:

**4 September 2015** - Outside the Square - Visiting Whitireia Nursing School

**16 October 2015** - Walk and Talk with South Wairarapa Inner Wheel Club

**31 October 2015** - District Meeting in New Plymouth (Rhododendron Festival time)

**12 November 2015** - **RACK ATTACK** This will be a small fun night. Dress up in you best clothes fashion parade/fundraiser. Clothes will be modelled and all sold at an extremely reasonable price.

**We need your good clothes that you do not wear any more, only good clothes.  
No one will know who's clothes belong to who.**

Collection points: Carol Woodfields 19 Portage Place, Whitby Phone 2347335  
Carolyn Wallace's 85 Seaview Road, Paremata Phone 2331146

**28<sup>th</sup> April - 1<sup>st</sup> May 2016** IWNA Conference Christchurch Theme "Rebuild the Future"



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**We meet the 3rd Tuesday of every month, at Aotea College Library, Porirua**  
**Please remember that if you have said you are attending and are a no show you will still have to pay \$25 to cover catering costs.**



**MONTHLY SUB GROUPS:**

**Book Club:** 2nd Monday of the Month. For more information contact Debbie Howard Phone 2347137

**Tasty Tuesday:** 2nd Tuesday of the month. For more information contact Von Groom Phone 04 2934461

**Craft Morning:** 2nd Thursday of the month. and is held at Diane Robert's home 4 Port Lane Whitby at 10am. For more information contact Dianne Roberts Phone 237 8087

**Mah-Jong:** every Wednesday night 7-9pm at St Mary's Church in Whitby. For more information contact Margaret Pine Phone 2346471

**Table for 8:** Meets 4 times a year.

The winter Table for 8 is now full but if you would like to join us in the future please contact Debbie Howard on 2347137 or [debzh@xtra.co.nz](mailto:debzh@xtra.co.nz) to register your interest.

**NEW SUB GROUPS**

**Outside the Square:** - On Monday 3 August, 17 eager Inner Wheel ladies enjoyed our very first outing of the year. Our first look at Wellington involved visiting and experiencing a short informative guided tour of Museum of City & Sea followed by an afternoon tea at The Intercontinental. I think we all came away knowing something about Wellington that we didn't know before, and hopefully this will continue on each outing. **If you are not on the distribution list for the monthly outings but would like to be included, please feel free to email Lorraine on [montrose30@gmail.com](mailto:montrose30@gmail.com).**



**Keen Cooks and Foodies:** Well, what a wonderful response ! - 16 Lovely Ladies with arms laden with Hor de ouvres arrived at the door on Tuesday 28 July. A fantastic array of different flavours, techniques and new experiences in preparing these dishes. I am so glad these ladies had taken the time and done some research so they could try something different, it was obvious that the cookbooks and google had had a work out. Each dish was explained by the cook who prepared it, so it was definitely a learning experience for everybody.

This months adventure – you can relax ladies no cooking for you. I have arranged a meal at 'Little India" (old Mungavin House) at 6.00pm 25<sup>th</sup> August and the chefs there will explain some of their techniques , ingredients and 'secrets' and let us have a look at how they prepare their dishes. **Please advise Chris Blick by 19 August if you would like to attend.**



**BIRTHDAY'S FOR AUGUST**

Jenny Garner  
 Joanne Jamieson  
 Lyndsay Kelly  
 Margaret Nation



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### FRIENDS OF PATAKA ART AWARDS

This very popular exhibition is once again on at Pataka - closes on Sunday 6 September. The standard gets better every year, your chance to vote for 'Peoples choice award'.

### NICE THOUGHTS:

**Wake up every morning with the thought that something wonderful is going to happen**

Yours in friendship  
Brenda



### District Changeover



The Quote of the Day **"Rules should be made of pink elastic not red tape"**



### Inner Wheel Web sites are:

<http://plimmertonrotary.org.nz/Inner+Wheel>

<http://www.innerwheel.org.nz>

<http://www.internationalinnerwheel.org>



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