

DATES FOR YOUR DIARY

19 September	Club Dinner Meeting	6pm	Spring Fling Fun themed
28 September	Mix & Mingle	le 5-7pm Supply Room, Mana	
30 September	District Meeting, Fielding		St Johns Church, 16 Camden Street
27 October	Pink Ribbon Street Appeal	9-5pm	Pak n Save, Porirua

UPCOMING REGULAR EVENTS

12 September	Dog Walking Group	11am	Judy Tilley - Plimmerton Dog Park, every week
13 September	Mahjong	7pm	Every Wednesday, St Mary's, Whitby
11 September	Book Group	2pm	Carol Woodfield's - 19 Portage Pl, Whitby
14 September	Craft Group	10am	Enid O'Neill's - 75 Gordon Rd, Plimmerton
3 October	Tasty Tuesday	6pm	Mary Temperton - venue TBC
18 October	Wairarapa Walk & Talk		Cobblestone Museum & Greytown shops

MORE ABOUT UPCOMING EVENTS

SPRING FLING DINNER MEETING

Our September meeting happens to be on the 130th anniversary of women's suffrage in New Zealand, September 19, and it is close to the Spring equinox, so we decided to have a slightly different format to our September meeting to mark the occasion.

We have some fun things lined up for you. There will be a floral demonstration from Lorraine McIntosh, and fun game for each table. We are also hosting Shirley Cressy, our District Chair for this meeting.



Please come dressed in your brightest or most floral Spring attire, adding a hat if your desire. There will be prizes for the most colourful, the most creative, and for the best hat. Let's get creative Ladies!

PHOTOGRAPHY CALENDAR

We have been asked by the Porirua Photography Society if we would like to purchase some 2024 calendars from them. The calendars feature gorgeous local photos, and scenes from around NZ. You will be able to purchase a calendar for \$15 at the next dinner meeting. These will make perfect gifts for Christmas and to send overseas, or for yourself!

PINK RIBBON BREAST CANCER STREET APPEAL

This is on Friday 27th October at Pak n Save Porirua. A board will go around at the September meeting.

Pink Ribbon **T-shirts** are now available to order. Click on the link now to order.

https://store.pinkribbonvolunteer.org.nz/



MIX & MINGLE

We had our first meeting last month at the Supply Room, Mana. We decided to time this a little later so that working members can attend. It will be a regular event on the last Thursday of the month from 5pm. Next meeting is **Thursday 28**th **September 5pm -7pm**

The idea is for Inner Wheelers to get together with new members and more long-standing members to mingling in a relaxed environment. Partners are very welcome. It is a bit like Tasty Tuesday, but you do not need to confirm, just turn up if it suits. Feel free to stay on afterwards for dinner. Hope to see many of you there on the 28 September.



JOY'S JOTTINGS

After a week on the Sunshine Coast, I am well ready for Spring! September 1st is also New Zealand Inner Wheel Day. I have also just had a weekend away with my children and their children that was so healing and restorative.

Our District meeting is in Fielding on 30th September, so it would be fantastic to see as many members as possible attend this.

I loved reading Meryll's story this month. It is fascinating to read the life stories of our members. We will keep this going.

We are organising (resurrecting really) the Walk and Talk that celebrates NZIW day with our friends over the hill, the South Wairarapa team. Anne-Marie had this planned in her year but covid meant it didn't happen. This is being planned for the 18^{th of} October, meeting at the Cobblestone Museum for morning tea and look around and then perhaps some retail therapy in Greytown to make a day of it. We will need to know numbers quickly so they can book the café.

A thank you to those members who assisted with the Rotary planting on August 19th with the Rotary Plimmerton/PCC project. They were thrilled with the results of the day.

I am looking forward to us hosting Shirley Cressy at our Spring Themed September meeting.

Go well, Joy.

"IN FRIENDSHIP" ROSE

A flyer was sent to all members with an order form for the Centennial Rose. It will be 100 years in January 2024 since Margarette Golding chartered the inaugural Inner Wheel Club of Manchester. To mark this special occasion a newly released friendship rose has been grown for us by Matthews Nurseries Ltd. It is only available by pre-order (see order form on last page) They are \$50 each. Or order via email centennial2024@iwnz.org.nz

DAFFODIL DAY COLLECTION

Jan Fisher reports it was a very successful daffodil day collection. Thank you to all of you who collected at Pak 'n Save for the Cancer Society. Our lovely Daffodil Day collectors Pam & Judy



LAST MONTH'S HAPPENINGS

AUGUST DINNER MEETING

Di Patchett gave a fantastic talk on her trip to Nepal in 2002, trekking and staying in a Cheboche village. When Di returned, she set up a trust to make life for the villagers a little easier. She talked about how they funded having the school removed to a safer site, about supporting proper roofing in the homes, and about toilets. She had amazing photos and stories to tell. We were all captivated!



FILM FUNDRAISER FOR PORIRUA WOMEN'S REFUGE

On Thursday 10th August we held a movie fundraiser for the Porirua Women's Refuge at the Lighthouse Cinema, Pauatahanui. We managed to almost fill both theatres for 'The Miracle Club' starring Maggie Smith. Thanks to Joy for organizing this, and to Janet Reidy for allocating the tickets.

The food provided by the Inner Wheel Club of Plimmerton ladies was amazing and you also generously provided raffle items, thank you all so much. Along with a gift basket from Whitby New World and \$230 worth of vouchers from The Whitby Co-op, we raised over \$700 for the raffles alone. Dinah and Carol did a marvelous job putting the raffles together.

Jan Fisher's husband John, who is a local artist, kindly donated a beautiful print of Pauatahanui inlet which we sold by silent auction.

All in all, this fundraiser was a most enjoyable and successful event and Porirua Women's Refuge is most appreciative of the \$2,369 raised. (The money has now been transferred to the bank account of Whare Manaaki)

CHARITIES TO SUPPORT

A board went round at the August dinner meeting asking members who they would like us to support or fundraise for. Many deserving groups were nominated and sadly we cannot support them all in the same year.

The top contenders from our members who voted were (in order) Virtuoso Strings, Wellfed, Life Flight Trust, and Wellington Free Ambulance.

Proceeds from our Rack Attack fundraiser (which is postponed until early next year) will go to Virtuoso Strings, which will also meet our District ISO objective to support local schools.

We are still donating to Wellington Free Ambulance with our Entertainment Book, but some ideas for raising funds/equipment for Wellfed. We had an idea that members might like to donate any unwanted stickers from New World for the MasterChef cookware so that we can pass them on to Wellfed - What do you think? Please bring along any stickers to our September Dinner Meeting and let Joy know.

All ideas and offers of help will be warmly received by the committee. Perhaps we could do a drive for Foster Hope just before next winter with pyjamas and other items they may need.

In November we have Megan from the Porirua Women's Centre speaking about their role. They have a library so we could bring books to the meeting They take books for children, fiction, non-fiction, cookbooks, or any topic you think may be interesting.

DOG LOVERS - PLAY DATE

Would you like to join Judy at Plimmerton Dog Park on a Tuesday morning at 11am with your dog?

Last week we had 3 fun doggies and their owners. We shared doggie tips and got to know one another better.

If you have a small dog or would like to meet some cute dogs, you are welcome to join us. It's not essential to bring a dog.

Please text Judy Tilley on 027 446 3430 if you are keen.



DINNER MEETING RSVP

At or last committee meeting we discussed the time it takes to get the RSVP responses for the dinner meeting. It is a lot of work for our committee member, Karen Paulin, on a Friday if she has to follow up with members who have not sent their RSVP, especially as she juggles this during her workday.

We do know that it can be difficult to let us know as early as Thursday, but unfortunately this is outside of our control, and we are following the date request set by the staff at the Boating Club. We have managed to push it out by a day from what it was before.

So, we have decided, if your committee member does not receive your RSVP following the email they send you, it will be assumed you are a "NO" We will not be reminding you.

We hope this does not offend anyone, but we do need to be mindful of the process, and keep it as easy as possible for everyone, including your committee members.

GETTING TO KNOW - MERYLL EVANS

My childhood was spent in Khandallah and friends made at Kindergarten there are still part of my life today. College years were at Wellington Girls – travelling by train into Wellington each day along with those same friends and all the teenagers from Ngaio, Khandallah and Johnsonville. Lots of noise, lots of fun and of course, 'boys'. Sport and entertainment were basketball, bible class dances, the days of bodgies and widgies and rock and roll. (I had to Google that!) Editor

My working life started at Lands and Survey in Wellington, drawing maps. Sport was still basketball, and entertainment a little more sophisticated at ballrooms and dance halls. Soon after starting work I met my husband Noel one Saturday night at the Sheridan Ballroom and that was it. At that time Noel was at the beginning of his part time career as a jazz musician playing the double bass, and as he became more involved in the Wellington music scene, I got to experience the nightlife of the city.

We married in 1962 and our first child, Nicholas, was born that year. By 1964 we had bought a house in Gracefield and second son Jeremy was born. Noel's job with Caltex Petroleum became involved with computers and we spent 6 months living in Sydney as he was part of the group designing the systems for Caltex worldwide.

The week we arrived back from Sydney we attended the Benson and Hedges Fashion Awards. My good friend had won a merit award and by the time the evening was over we had decided to open a boutique and had organized our launch venue. It was the days of Mary Quant and mini skirts. What followed was a couple of years of hard work, lots of fun, and many fashion parades. Alternating, working at the boutique in an old house in Oriental Bay and looking after the children - but not making our fortunes.

We then moved to Paremata and I started working in the Porirua City Council drawing office. In 1973 our third son Benjamin was born. Life changed dramatically in 1976 – we packed up the house and moved to live in Bahrain. Noel still with Caltex but there to head the IT department for a couple of years while the company was becoming the Bahrain Petroleum Company. Bahrain is just a bit bigger than Singapore and we lived in Awali, the oil company town in the middle of the Island. Such a different life, surrounded by desert, hot, sometimes 99% humidity, sandstorms, expats from around the world, clubs for everything to join, parties, carpet sellers and the odd camel. Life in a benign Sheikhdom was pretty easy. At that time the causeway between Bahrain and Saudi had not been built.

Nick and Jeremy attended the American school and Ben started school in a class with 24 other nationalities. Yearly leave was for 6 weeks and for our first we flew to London, bought camping gear, ferried it to Paris, bought an X-factory Peugeot wagon and drove back to Bahrain through France, Switzerland, Italy, Greece, Iran, then loaded the car and us on a Dhow (rigged ship with 2 masts) along with a cargo of onions and a pirate (looking) crew, and 'sailed' back to Bahrain.

Back in Paremata by 1980, life got back to normal, I resumed working 4 days a week with Tuesday off to play golf, having learned to play in the desert, and we became part of the Plimmerton Rotary Club family. The Rotary Club established the Plimmerton Inner Wheel Club, and I joined in 1992. My 'career' in Inner Wheel began at club level as secretary, continued through all the roles into District, finishing as District Chairman, then onto the National body as Inner wheel NZ Publicist.

20 years ago, after retiring I was one of a group who started the Friends of Pātaka, and I have been involved ever since. I have 10 grandchildren, 7 now making their own way in the world, and the youngest 3 nearly all in their teens. Noel's health started to deteriorate five years ago, and we had to leave our Paremata perch of 50 years and we moved to Raumati. Noel died last year so life has changed for me but belonging to this club and having the friendship from you all keeps the loneliness at bay.

In friendship - Meryll.

GLUTEN FREE ALMOND COOKIES

I had these at a morning tea event that I attended recently. Everyone commented how lovely they were. I have googled the recipe for you to try.

These 5 ingredient cookies will become your new favourite sweet treat!

When you bite through the crunchy exterior of these biscuits you will discover a rich, chewy interior. The dense texture that the almond meal provides is deeply satisfying.



Ingredients

- . 3 cups (300 g) almond meal or flour spooned into the cup, loosely packed See Note 1
- 1 cup (220 g) caster/superfine sugar
- 1/8 teaspoon almond essence or to taste
- · 3 large (105 g) egg whites
- 1 cup flaked almonds
- · icing sugar to dust optional

Instructions

1. Preheat oven to 180 Degrees C (360 F).

Place non-stick baking paper onto oven trays.

- 2. Put almond flakes into a flat bowl or onto a plate.
- Combine almond meal, sugar and almond essence in a large bowl. Add the lightly beaten egg whites and stir until the mixture forms a firm paste.
- 4. Roll small balls of the mixture, about 3 cm (or 1 1/4 inch) in diameter in the flaked almonds.
- 5. Place the balls onto baking paper-lined oven trays and gently flatten them a little.
- 6. Bake for about 12-15 minutes or until the biscuits are lightly browned.
- 7. Cool on racks.
 - The Almond Cookies freeze well once baked, allow them to cool completely. Store in an airtight container for up to three months. If you prefer to freeze them raw, once the cookies are shaped, don't roll them in almond flakes. Put them in an airtight container, and when ready to bake, allow them to defrost, then roll in almond flakes and bake.

REGULAR EVENT INFORMATION

Tasty Tuesday: 1st Tuesday of the month at 6pm

A group meets on the first Tuesday every month for a meal, chat, and a good laugh. For more information contact Mary Temperton 234 1477 or 027 419 2866.

Mah Jong: Every Wednesday at 7pm

This group, initiated by Marg Pine has been running since 2007. They meet every Wednesday night at St Mary's Church in Whitby from 7-9pm. New members welcome. For more information contact Marg Pine 021 610 906.

Book Group: 2nd Monday of the Month at 2pm

We each give a talk on books we have read in the past month; we don't all have to read the same book. For more information contact Lyndsay Kelly 234 7238.

Craft Group: 2nd Thursday of the month at 10am

Everyone takes along their own project, fun and fellowship is had by all. For more information contact Enid O'Neil 022 529 2232.

Table for 8: Saturday evenings

Table for 8 is held four times a year. A shared dinner party with simple delicious food. Each couple contributes a course and a bottle of wine. This is an enjoyable evening out where you will get to know fellow members and their partners better. Singles welcomed too of course.

For more information contact Julie McLagan on 021 425872

YOUR COMMITTEE

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Website	If you, or someone you know, is experiencing
www.innerwheel.org.nz	illness or difficulties, please let me know. I will
www.internationalinnerwheel.org	contact you or your family to identify how we
Absences	can best support you.
If you advise us you are coming to a meeting,	
but do not attend, we still require you to pay for	
your meal as we have committed for catering.	
IW Bank Account: 12 3254 0081449 01	

Inner Wheel New Zealand

Charity No CC52602 IRD NO. 118-406-117 NATIONAL GOVERNING BODY

International Inner Whee 19th Convention Manchester 2024

PRE-ORDER FORM/INVOICE

	if applicable
Your name:	Club:
Address:	
City:	District:
Contact Phone:	
Email:	

DESCRIPTION	QTY	AMOUNT
Bareroot Rose "In Friendship" (Mattwheel) @ \$50 per plant.		
Plants will despatched in Winter (June-July) 2024.		
WHILE STOCK LASTS		
Order is processed on receipt of payment.		
Inner Wheel thanks you for supporting our charities		
GILBOSS MITEY SET JOHN KERNARH		

Total Payable

Payment to:

Inner Wheel New Zealand National Appeal

Account: 03-08300370078-01

Reference: your name Code: Rose

W

\$

Thank You

Inner Wheel 2024 Centennial Celebrations