

PLIMMERTON INNER WHEEL NZ294

February 2023



DATES FOR YOUR DIARY

17 February	Trip to Marton	10am	1275 Wellington Rd, Marton
24 February	Try Something Different	10am	Creative Spaces with Carolyn Wallace - Meet at Dolly Varden Beach carpark
11 March	District Meeting	10am	Baptist Church, 286 Te Moana Rd, Waikanae
26 March	Tawa Club 40 th Birthday	11.30am	Tawa Bowling Club, Davies St, Tawa
1 April	Table for 8	TBC	Details in March newsletter
5/6/7 May	IWNZ Confrence	TBC	Rydges Hotel, Wellington

UPCOMING REGULAR EVENTS

9 February	Craft Group	10am	Diana Paris - 19 Samwell Dr, Whitby
13 February	Book Group	2pm	Carolyn Wallace - 85 Seaview Rd, Paremata
15 February	Mah Jong	7pm	St Mary's Church, Whitby - Every Wednesday
21 February	Club Dinner Meeting	6pm	Speaker from Red Cross

MORE ABOUT UPCOMING EVENTS

TRIP TO MARTON

Julia and Phillip Mottram would like to invite IW members, Rotary members, their partners, and friends for a day in Marton on their lifestyle block. There is a large greenhouse, fruit trees, cattle, and chooks. Their son Christopher has owned the property for 6 years and has worked hard to develop it. A paddock is available for camper vans and tents if you would like to stay overnight.

The address is **1275 Wellington Road, Marton**. From SH1 turn right at Bulls, through Crofton, and then right at Hawkstone Rd. Please can you bring food to share for lunch.

Please email Julia if you would like to come, so that she has an idea of numbers.

pandjmottram@orcon.net.nz or phone 021 161 4131

TRY SOMETHING DIFFERENT – CREATIVE SPACES

Friday 24th February - Meet Carolyn Wallace at the Green Olive Cafe, Dolly Varden beach car park at 10am for a coffee and briefing. We will explore the creative spaces and street art of Porirua and Paekakariki.

Please organise yourselves into cars and let Yvonne Thomson (Ph: 021 267 2906) know if you have room in your car for extras or if you need a lift.

FEBRUARY DINNER MEETING

Our speaker this month is Lucy Rhodes from Red Cross. In keeping with this year's District ISO charity, Sheryl has asked to give emphasis on the Red Cross Refugee Resettlement Programme. Our district charity is the support of refugees in our community.

Please bring to the February meeting something for the multiple raffle hampers which we are making up for the District Meeting. Think of treat items that you would enjoy receiving yourself. It could be grocery, toiletry, or miscellaneous.

Upcoming Scheduled Speakers

March - Dr Richard Stubbs from P3 Research

April - Kim Murray from WELLfed

May - Mothers & Daughters evening, plus a cooking demonstration

DISTRICT MEETING EMPOWERMENT DAY, WAIKANAE

Saturday 11th March - Baptist Church, 286 Te Moana Rd, Waikanae. Starts 10am.

This is our chance to meet other clubs in our district and learn more about what they have been doing.

To register for the empowerment day, please let Marg Nation know you are going by 3rd March and pay the \$15 registration into our club account by the end of February. Marg must send our club registration by 4 March.

This will be a great opportunity to hear guest speaker, Stephanie Osborne a (Project Business Consultant) speak on empowerment for Māori and Refugee women which is in keeping with our empowerment theme and hear the views and ideas from some of our newer members.

Steph Osborne is the founder of SOMO Management Consulting in Wellington. Steph has over 35 years of experience in managing projects and teams globally with major Corporations.

Leadership for Steph is about sharing the journey with our community. The focus is to nurture our human capital and protect our natural resources and environment for sustainability.

The three pillars Steph stands by are Aroha (love), Honesty and Trust.

The ISO Red Cross Charity Collection at Empowerment Day

Please could you bring a donated item to the Empowerment Day. Red Cross have requested warm woollen items such as, clothing, knitted beanies, and scarves etc. Also new soft toys and books for children up to age 10.

We can really make a difference to Red Cross. There will be a representative from the Red Cross at the Empowerment Day to receive donated items.

DISTRICT MEETING CATERING

This is our opportunity to fundraise and enjoy a catering project. The \$15 registration fee goes to our catering fund.

We can provide sandwiches, scones, cakes, and slices from our own kitchens and buy the savouries and fruit. We will need a team of about 5 helping in the kitchen on the day.

At our Feb dinner meeting a clipboard will go around requesting what you can help with.

The funds raised from this will be donated to WELLfed .

IWNZ CONFERENCE 5-7th MAY, WELLINGTON

The Conference Committee and our District NZ294 are delighted to be welcoming you to Wellington on 5 -7 May 2023 for the IWNZ conference. Registrations are now open. **Please make sure you register before 5th April if you are planning to attend.**

You can click on the link below to find out all the information and details you need to know.

For further info click here. <https://www.innerwheel.org.nz/Conference-2023>

Registration Includes:

Members \$290

- Friday Opening Ceremony
- Saturday Conference Sessions including Lunch.
- Gala Dinner at The Beehive
- Sunday Conference Sessions and Morning Tea

Partners \$190

- Friday Opening Ceremony
- Gala Dinner at The Beehive
- Sunday Conference Sessions and Morning Tea



TAWA CLUB 40th BIRTHDAY

We have been invited to join Tawa at their birthday celebration lunch on Sunday 26 March 11.30am at Tawa Bowling Club. \$45pp. Please RSVP by 18th February to Janice Lee Ph. 021 167 8163 or janice.lee@xtra.co.nz

See invitation at end of newsletter.

SHERYL'S SUMMARY

My apologies in advance for not attending the February dinner meeting. I will be holidaying with my daughter and her family who are finally, after four years, making a brief visit to New Zealand.



Joy Creet will be running the dinner meeting. You will be in good hands.

The catering for District Empowerment Day is a case of *'many hands make light work.'* It will be our next community project with funds raised going to WELLfed, which is a truly worthy organisation right in our own city.

There will be a speaker from WELLfed in April. Much has developed in the organisation since they last spoke six years ago.

A reminder please to give Velma your volunteer service hours. Also please let Yvonne Thomson know if you have ideas of a good place to visit or things to enlarge our horizons. Yvonne is coordinating the timing of these outings.

So, there you have it: Friendship, Fellowship and Community Service Inner Wheel Plimmerton style.

Go well with everything you do, Noho ora mai.

Sheryl

LAST MONTH'S HAPPENINGS

PIZZA & PLONK

Thankyou once again to Janet and Phillip Reidy for providing a beautifully prepared venue on Wellington Anniversary Day for our January get together. The weather was perfect for a picnic and a catchup with friends. A great way to start the year.



SILKY PILLOWS

The steady production of these elegant little tokens of comfort and love is done in the background by a small group of our members. Enid is taking over the coordinating of our craft group and Brenda is starting to hand over to others. To make cutting easier and enable more of our members to contribute (even if you are not a sewer) Brenda has purchased a fabric cutter and a cutting board on behalf of the club. This was discussed with the committee, and a great sale price was achieved.

Thankyou Brenda for being the minder of the silky pillows all these years and for organising this improvement.

Julie McLagan has very kindly reimbursed the club by donating the cost of both the cutter and the board. Julie shares her personal story below. Thankyou Julie for your generosity.

Fifteen plus years ago I was in a private room in Boulcott Hospital, very sick, sad, and miserable after my second breast cancer operation in a week. A nurse came in smiling and said, "This will make you feel better."

Tears flowed as I opened a beautiful soft silky pillow and read the Plimmerton Inner Wheel label. I was very comforted, both physically and emotionally. I had been a Rotarian for many years and was then part of Plimmerton Rotary, but I had never heard of a silky pillow.

I slept with that little pillow for many months. More recently I used it again after a horrific car accident. I have always treasured it, lent it to friends in need and marvelled at the difference it makes.

This is a wonderful project, flying under the radar, undertaken by a few wonderful ladies. Little do they know how far that kindness reaches and what comfort it brings.

WORDS FROM THE EDITOR

With the District Meeting and Empowerment Day in March, and Conference in Wellington in May, the committee has been busy! We also have some interesting upcoming events in the calendar too.

Don't forget to read right to the end of the newsletter for extra info about WELLfed, Rotary Pop-Up shop, and Tawa Club birthday invitation.

Recipe and Book Review will be back in action next month.

Yours in friendship **Karen** 😊

HAPPY BIRTHDAY

- Anne Bennison
- Judy Tilley
- Karen Paulin
- Pam Costello
- Rita Carroll



REGULAR EVENT INFORMATION

Tasty Tuesday: 1st Tuesday of the month at 6pm

A group meets on the first Tuesday every month for a meal, chat, and a good laugh. For more information contact Diana Paris 234 7683.

Mah Jong: Every Wednesday at 7pm

This group, initiated by Marg Pine has been running since 2007. They meet every Wednesday night at St Mary's Church in Whitby from 7-9pm. New members welcome. For more information contact Marg Pine 021 610 906.

Book Group: 2nd Monday of the Month at 2pm

We each give a talk on books we have read in the past month; we don't all have to read the same book. For more information contact Lyndsay Kelly 234 7238.

Craft Group: 2nd Thursday of the month at 10am

Everyone takes along their own project, fun and fellowship is had by all. For more information contact Enid O'Neil 022 529 2232.

Table for 8: Saturday evenings

You are invited to join a group of Inner Wheelers (partners are welcome too) for a pot luck dinner on a Saturday evening. The host usually cooks the main dish, and each person brings a course or side dish. Dates will be advised. If you would like to be included in the group, please contact Julie McLagan 021 425 872.

YOUR COMMITTEE

<p>President Sheryl Perera 022 098 5516 saperera2022@gmail.com</p>	<p>Vice President Joy Creet 027 679 4333 joy.creet@gmail.com</p>
<p>Secretary Christine Harrison 027 300 6734 christineh656@gmail.com</p>	<p>Editor Karen Warner 027 5744 054 karen@perfectorder.co.nz</p>
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<p>Website www.innerwheel.org.nz www.internationalinnerwheel.org</p>	<p>Membership Anne-Marie Garrett 027 698 6024 amcl.garrett@gmail.com</p>
<p>Facebook Inner Wheel New Zealand</p>	<p>Almoner Maureen Barber 027 239 9000 jd.fam@xtra.co.nz</p>
<p>Transport Should you need a Driver please contact Maureen Barber on 239 9528</p>	<p>If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you.</p>
<p>IW Bank Account: 12 3254 0081449 01</p>	
<p>Absences If you advise us you are coming to a meeting, then do not come, we still require you to pay for your meal as we have committed for catering</p>	

FORTY

And fabulous

It's a birthday celebration for

Inner Wheel Club of Tawa

Sunday 26th March 2023
11.30am for 12.00pm

Tawa Bowling Club
Davies Street, Tawa
\$45.00pp

RSVP by 18th February 2023
janice.lee@xtra.co.nz
0211678163
(Include dietary requirements)



ROTARY POP-UP SHOP

AS MANY OF YOU WILL BE AWARE I HAVE ORGANISED A POP-UP SHOP IN PORIRUA AT THE END OF FEBRUARY

THE OBJECTIVE IS TO EARN SOME INCOME FOR PLIMMERTON ROTARY CLUB FROM THINGS THAT WE NO LONGER NEED

WE WILL HAVE THE SHOP FROM 25TH FEBRUARY UNTIL FRIDAY 3RD MARCH WITH THE PLAN TO SET UP ON FRIDAY 24TH FEBRUARY AND DISMANTLE ON THE MORNING OF 4TH MARCH.

THE INTENT IS TO SELL SMALL ITEMS WHICH ARE NOT APPROPRIATE FOR TRADE ME, SUCH AS GLASSES, BOOKS, CD'S, DVD'S, GARDEN ITEMS, TOOLS, AND GOOD QUALITY CLOTHES ETC,

I INTEND TO OPEN EACH DAY FROM ABOUT 10.00am UNTIL 4.00pm SO I WILL NEED SOME HELP BOTH IN MANAGING THE SHOP AND SETTING UP

MANY THANKS

Allan N



WELLfed Essential Equipment Items

We welcome donations of good-quality pre-loved kitchen equipment to pass on to WELLfed Learners. Please no electrical items or large whiteware (we would suggest calling St Vinnies or Salvation Army). Please contact us to arrange a donation drop-off welfednz@gmail.com





WELLfed Equipment Donation Drive

We welcome donations of good-quality pre-loved kitchen equipment to pass on to WELLfed Learners. Please no electrical items or large whiteware (we would suggest calling St Vinnies or Salvation Army).

We always have a need for :

- oven-safe dishes eg pyrex, casserole
- plastic containers which clip or seal eg sistema, click-clack, tupperware



We also welcome donations that continue our environmental impact:

- Paper bags eg from online supermarket deliveries
- Clean, good-quality food-safe containers with lids eg ice cream or yoghurt containers in any size

Items that we are currently low on are:

- Family sized frying pans
- Spatula / scrapers
- Potato Mashers
- Fish Slice
- Measuring Cups (preferably stainless steel)