

# PLIMMERTON INNER WHEEL NZ294

April 2023



## DATES FOR YOUR DIARY

19 April	Tawa Club Night & Bowls	6pm	Tawa Bowling Club, Davies St, Tawa
20 April	New Members morning tea	10am	Anne-Marie's - 24 The Layline, Whitby
28 April	Try Something Different	TBC	Days Bay Ferry & lunch
4 May	Life Flight Trust Appeal	TBC	
5-7 May	IWNZ Confrence		Rydges Hotel, Wellington
28 May	Mighty Quiz	6pm	Tawa Bowling Club, Davies St, Tawa

## UPCOMING REGULAR EVENTS

10 April	Book Group	2pm	Mary Temperton - 38 Resoluion Dr, Whitby
12 April	Mah Jong	7pm	St Mary's Church, Whitby
13 April	Craft Group	10am	Brenda's - 22 Acheron Rd, Mana
18 April	Dinner Meeting	6pm	WELLfed
2 May	Tasty Tuesday	6pm	Diana Paris - Venue TBC
16 May	Dinner Meeting	6pm	Mothers & Daughters/Friends
26 May	Pink Ribbon Lunch	TBC	Dinah's - 61 Moana Rd, Plimmerton

## MORE ABOUT UPCOMING EVENTS

### APRIL DINNER MEETING

Brooke Fryer and Rachel Dick from WELLfed will be our guest speakers for April. Rachel has been with WELLfed since 2020 after quite a few years in hospitality and catering. Rachel is a tutor, overseeing and working with graduate tutors delivering classes. She also assists with produce and ingredients and coordinates the new and donated equipment, pantry packs and fruit & veggie bags for Learners.

Brooke Fryer was a volunteer for WELLfed back in 2018 while on maternity leave. She is now a permanent member of the WELLfed team. Brooke oversees all the communication, and social media, as well as helping coordinate and write funding applications.

This is our chance to help donate kitchen items; good quality bowls, utensils and cooking pots. If you have something to donate, please bring to the April dinner meeting. See flyer below for requested items.

## SPECIAL MAY DINNER MEETING & SOURDOUGH DEMO

Our theme for the May meeting will be a celebration of the women in our lives, Mothers, Daughters, and Friends. Please put this date in your calendar now and invite your daughters, friends or relatives.

Jocelyn Jackson has kindly agreed to share her expertise with a sourdough demonstration on the night with recipes to take home including Gluten Free options.

As well as reaching out to younger generations, we want to promote Inner Wheel. Sue Jameson our District Chairman will be there to say a few words about the power of friendship.

## TAWA CLUB DINNER MEETING & BOWLS COMP

This is an annual event with Tawa IW club. On 19<sup>th</sup> April we are invited to join Tawa Club dinner meeting, and afterwards we form teams and have an indoor bowls competition. The meeting is at Tawa Bowling Club, Davies St, Tawa.

So far, we have 22 of our ladies going. Sheryl will send out the list to help you arrange car-pooling. Please let Christine Harrison know if you need a ride or have spare seats in your car.

## IWNZ CONFERENCE 5 – 7<sup>th</sup> MAY, WELLINGTON

Registrations for the conference are now closed. There are two events you can still attend. The Friendship Dinner & Gala Dinner. Registrations for these events will close on 15th April

### Friendship Dinner

**Thursday 4th May:** 6.30pm at The Wellington Club

Cost: \$50 pp includes glass of wine, main and petit fours

### Gala Dinner

**Saturday 6th May:** 6.00pm hosted by MP Greg O'Connor, at The Beehive Banquet Room.

Cost: \$120 pp includes bubbles on arrival, wine on the table & a 3-course meal, plus entertainment.

Note: a bar will be available for purchasing drinks, EFTPOS and credit card only – no cash

**Click here to register:** <https://www.innerwheel.org.nz/event-4917867>

Sheryl Watkin from **Interflora, Steyne Ave, Plimmerton**, has generously donated bouquets of flowers for the conference. It would be great if we could support her when we next need flowers to pop into her shop.

## TRY SOMETHING DIFFERENT APRIL – DAYS BAY

**Friday April 21st** We will meet at Mana Railway Station at 10am and travel into Wellington on the train then wander across the wharves to the Days Bay ferry.

Lunch will be booked at Chocolate Dayz cafe. After lunch we could catch the bus round to Eastbourne and have a browse or just make our way back home.

If you are interested, please let Yvonne know by Monday 17<sup>th</sup> April so that she can book the restaurant for lunch. Yvonne, Ph 021 267 2906

## MIGHTY QUIZ - INNER WHEEL TAWA

Sunday 28th May from 6pm for 6.30 start. \$12 per person. We will make up teams. A group of us went last year and had a great time. More details to follow.

## ENTERTAINMENTS BOOKS

Judy Tilley has kindly taken over the role of being coordinator for the Entertainment Books.

A big thank you to Carol Woodfield who has been organising this fundraiser for Wellington Free Ambulance for many years (as long as I can remember)

## SHERYL'S SUMMARY

Most IW clubs have fluctuating membership. I am repeatedly asked what makes Plimmerton Club so strong and dynamic?

I think the many small groups we have are part of that answer. It does help us get to know each other better when we visit someone's home or attend one of the smaller group activities. In doing this we become more connected. I encourage any of our members to try to get along to some of our sub group activities (listed at the end of the newsletter)

Good company is self-perpetuating. We do also need to be looking for ways we can keep our club stay relevant and build a strong future for the club. It is your club, and we value your ideas and feedback.

Our May meeting is aptly named "Celebrating the Women in our Life" - Mothers, Daughters and Friends are invited to join us, so we can promote Inner Wheel. We hope you can use this evening to connect the special women in your life with your Inner Wheel family. If you do not have a daughter, please feel free to bring a friend or relative.

A reminder that you are all entitled to view the minutes of our committee meetings. If you would like to read them, just ask Christine, our secretary, for a copy.

Best wishes to you all. Stay strong and healthy. Noho ora mai.

**Sheryl**

## LAST MONTH'S HAPPENINGS

### EMPOWERMENT DAY & DISTRICT MEETING

Our club was very visible at Empowerment Day on 11<sup>th</sup> March with our catering. Maureen Barber ran a very efficient team with 7 of our ladies who looked fantastic in their Plimmerton Inner Wheel aprons. The food you all provided was very generous and was beautifully presented on the tables.



We had 16 attendees from our club, and Joy Creet giving a very good presentation on her experience of Inner Wheel as a new member.

Sue Jameson our District Chairman spoke about Friendship and the personal development that happens when getting involved in IW and taking on responsibilities. Sue said her first impression of Inner Wheel was the positivity, which inspired her to improve herself and her personal skills. When she took on roles within her club, she grew as a person and opened her mind to new possibilities. She talked about how empowering it is to be in such positive, kind company.

**Catering:** We raised \$925 from the catering, which included some financial donations from our members.

**Raffles:** Our 3 raffles on the day looked very impressive. Sales from these raised \$370. Thankyou all for your donations to the raffle prizes

The money raised will be split between the Cyclone Gabrielle fund and WELLfed Porirua









## TAWA CLUB 40th BIRTHDAY

This was a beautifully prepared luncheon, and a most enjoyable afternoon. We heard the story behind the inception of the Club. Of the 21 chartered members, 3 are current club members. The chartered members were acknowledged for their courage in forming the club. Members from different decades were also acknowledged, and we reflected on the changes over the years throughout IWNZ.

While many things have evolved, the objectives to promote friendship and encourage personal service have remained strong. Tawa Club can be proud of the countless hours members have given in personal service over the past 40 years. Thank you for inviting us to share your special day.



### HAPPY BIRTHDAY - APRIL

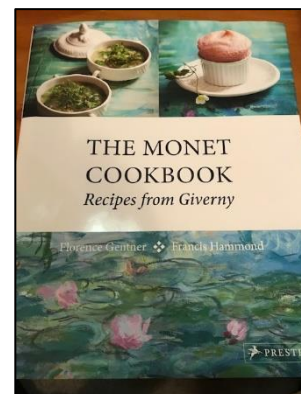
Christine Newton  
Enid O'Neil  
Jan Fisher  
Joy Creet  
Maureen Barber



## TABLE FOR 8

**A note from Julie** - Table for 8 last Saturday night was again lots of fun! Warm hospitality, delicious food, and wine, with much laughter and sharing. Relaxing with friends old and new. Time flew by. A perfect evening. We are all looking forward to the next one. Put a ring around Saturday 5 August.

**A note from Carol** - Last year we visited Monet's Garden in France and I fell in love with his beautiful cookbook, but as we were travelling, we decided it was too heavy to carry. Unbeknown to me Alastair ordered the book when we got home and I was thrilled to receive it for Christmas. It is full of Monet's beautiful paintings, stories of his life and recipes he liked to cook. I decided to cook his tasty Chicken Chasseur for our table for 8 guests. The abridged version is below.



## CHICKEN CHASSEUR

1 large chicken cut up or chicken pieces skin on	1tbsp flour
250 g sliced button mushrooms	1tsp tomato paste
6 -8 shallots (I added a diced onion too)	1-2 sprigs tarragon
4 cloves of garlic	1/2 cup white wine
3 large tomatoes (skin off and chopped) or half a tin	1/2 cup chicken stock
30g butter (or more if needed)	Optional extras not in the book:
3tbsp olive oil	1 Tbs brandy, 1 red capsicum, slurp of cream.

Heat butter and oil in cast iron pan and fry seasoned chicken pieces until golden turning several times, set aside and keep warm. Fry mushrooms, garlic and onions in remaining butter and oil. Sprinkle with flour and mix well for 2min. Stir in the white wine and simmer to reduce. Add tomatoes, paste, tarragon and season to taste. At this stage I add 1Tbs brandy and a sliced red pepper to give some colour.

When sauce has reduced add chicken stock and simmer 10 minutes. Return chicken pieces to the pan and cook on low heat for 20-30 minutes until cooked.

Remove chicken from pan and arrange on serving dish. Reduce liquid if needed (I added a bit of cream at this stage to thicken) Pour sauce over chicken and garnish with fresh tarragon.

We served this with hasselback potatoes, turnip and carrot mash, green beans, and baked cherry tomatoes. It's also nice with French bread and a crisp green salad.



Enjoy - Carol xx 😊

## REGULAR EVENT INFORMATION

### **Tasty Tuesday:** 1st Tuesday of the month at 6pm

A group meets on the first Tuesday every month for a meal, chat, and a good laugh. For more information contact Diana Paris 234 7683.

### **Mah Jong:** Every Wednesday at 7pm

This group, initiated by Marg Pine has been running since 2007. They meet every Wednesday night at St Mary's Church in Whitby from 7-9pm. New members welcome. For more information contact Marg Pine 021 610 906.

### **Book Group:** 2nd Monday of the Month at 2pm

We each give a talk on books we have read in the past month; we don't all have to read the same book. For more information contact Lyndsay Kelly 234 7238.

### **Craft Group:** 2nd Thursday of the month at 10am

Everyone takes along their own project, fun and fellowship is had by all. For more information contact Enid O'Neil 022 529 2232.

### **Table for 8:** Saturday evenings

You are invited to join a group of Inner Wheelers (partners are welcome too) for a pot luck dinner on a Saturday evening. The host usually cooks the main dish, and each person brings a course or side dish. Dates will be advised. If you would like to be included in the group, please contact Julie McLagan 021 425 872.



*Tasty Tuesday - April Dinner - Supply Room*



## YOUR COMMITTEE

<p><b>President</b> Sheryl Perera 022 098 5516 saperera2022@gmail.com</p>	<p><b>Vice President</b> Joy Creet 027 679 4333 joy.creet@gmail.com</p>
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<p><b>ISO</b> Velma Knight 027 281 1809 dvknight@xtra.co.nz</p>	<p><b>Attendance</b> Karen Paulin 021 222 9471 admin@straitconstruction.co.nz.</p>
<p><b>Website</b> www.innerwheel.org.nz www.internationalinnerwheel.org</p>	<p><b>Membership</b> Anne-Marie Garrett 027 698 6024 amcl.garrett@gmail.com</p>
<p><b>Facebook</b> Inner Wheel New Zealand</p>	<p><b>Almoner</b> Maureen Barber 027 239 9000 jd.fam@xtra.co.nz</p>
<p><b>Transport</b> Should you need a driver please contact Maureen Barber on 239 9528</p>	<p>If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you.</p>
<p><b>IW Bank Account: 12 3254 0081449 01</b></p>	
<p><b>Absences</b> If you advise us you are coming to a meeting, then do not come, we still require you to pay for your meal as we have committed for catering.</p>	



## WELLfed Essential Equipment Items

We welcome donations of good-quality pre-loved kitchen equipment to pass on to WELLfed Learners. Please no electrical items or large whiteware (we would suggest calling St Vinnies or Salvation Army). Please contact us to arrange a donation drop-off [wellfednz@gmail.com](mailto:wellfednz@gmail.com)





# WELLfed Equipment Donation Drive

We welcome donations of good-quality pre-loved kitchen equipment to pass on to WELLfed Learners. Please no electrical items or large whiteware (we would suggest calling St Vinnies or Salvation Army).

We always have a need for :

- oven-safe dishes eg pyrex, casserole
- plastic containers which clip or seal eg sistema, click-clack, tupperware



We also welcome donations that continue our environmental impact:

- Paper bags eg from online supermarket deliveries
- Clean, good-quality food-safe containers with lids eg ice cream or yoghurt containers in any size

Items that we are currently low on are:

- Family sized frying pans
- Spatula / scrapers
- Potato Mashers
- Fish Slice
- Measuring Cups (preferably stainless steel)