



INNER WHEEL - SEPTEMBER 2021

ANNE-MARIE'S ANGLE

How to hold onto the silver linings....

As we resume pace and Level 3 peeks over the horizon, it's timely to reflect on the "silver linings of lockdown" and how to hold onto these, embedding them into daily lives. I've loved the opportunity to chat with so many of you, sharing stories of how this lockdown has impacted on our personal sense of wellbeing and relationships. The speed at which we were launched into Level 4 seems to have stripped away the busyness of distractions and obligations - "what I should be doing". The stories you've shared have highlighted how living "in the moment" over those days of Level 4 opened up opportunities to focus on the things which give real pleasure in life.



For me, this most recent lockdown started as a form of retreat....

- Hiding away in my "garrett" room, sewing up a storm
- Completing miniature merino projects for our wee granddaughter, who's expected to make an appearance sometime over the next couple of weeks
- Revelling in the opportunity to "stay home!!": reading fiction, listening to radio interviews, bingeing on box-sets.
- Sitting in the sun, enjoying the garden, or just marvelling in the view!
- And those so-precious glimpses of the orca pod gliding across the inlet.

Then I started to reach out...

- Exploring lesser known paths and walkways around my neighbourhood and delighting in waving to masked friends!
- Connecting via techie tools: sharing stories, nurturing friendships, updating on what's been happening in our community and planning ahead (as much as we can in these uncertain times)
- And finally facing the reality of updating schedules, appointments and commitments!

So.... how do we hold onto the silver linings of lockdown, resuming busy schedules while maintaining balance?

- Take time to smell the roses
- Keep reaching out to others - those impromptu phone calls are so precious
- Stay creative - be mindful of those moments which have brought a sense of wellness over recent days and weeks

And above all - take time for YOU - let's grow these silver linings of wellbeing as we expand bubbles and move back to the realities and responsibilities of everyday life.

Nga Mihi
Anne-Marie
Club President

SUSANNE HINDLEY - DAYS FOR GIRLS



DAYS FOR GIRLS - OUR OWN YVONNE, ANNE-MARIE AND SHERYL BUSY AT WORK



Susanne Hindley and
Sheryl Perera



CLUB NIGHT - Tuesday 21 September

We, your committee, have thought long and hard about whether to proceed with Inner Wheel meetings and activities at Covid Level 2 Delta. By following government safety directives, we feel our meeting can be held safely. However if anyone feels uncomfortable with this decision, we fully understand if you prefer to stay home. As usual, a committee member will phone you next week, to confirm your attendance.

- A celebration of Wearable Arts! Now's the time to design and create your unique WoW outfit, fancy hats, footwear and entire outfits will all be welcome- so come prepared to WoW our judges!
- Friends of Pataka as a community celebration of our culture and heritage: Merryl and Carolyn will speak to us about their experience as members of Pataka's community outreach.
- Please also bring the bras and knickers for the women of Arohata Prison. Thank you for your generosity in gifting to this project. Zonta Club of Mana, who organise this project, tell us that many of the women of Arohata have put their family's needs before their own for years and truly appreciate the gift of decent underwear. You will find our collection container at the top of the stairs.

On the assumption that Wellington will still be at Covid Level 2 Delta on 21 September, Plimmerton Boating Club have set these guidelines for your comfort and wellbeing.

Maximum 50 guests

- All meals and drinks must be PREPAID ONLINE (Inner Wheel account), prior to event (meal incl soft drink is \$32, meal incl wine is \$35)
- Please arrive between 6-6.15pm;
- Waiters will be masked and serve plated meals and drinks to tables - please don't approach the bar;
- Guests wear masks to and from the upstairs door of the venue;

- Seating: To avoid guests milling around, please **fill available seats, table by table** as you enter the room, starting at the furthest available point;
- Only socialise with the guests at **YOUR** table;
- Guests are to **REMAIN SEATED** for entire duration of our event;
- **Tea and coffee will not be served this evening.**



Pink Ribbon Lunch will now be on **Friday 24 September**. So come along and enjoy some good food and friendship. It would be very much appreciated if you could bring a plate, and some money for the wonderful raffle prizes Dinah has sourced and of course your donation to this great cause.

Dinah's address 61 Moana Road, Plimmerton (021 719 295)

“LEADERS DO SMALL THINGS IN A GREAT WAY” (Judge Andrew Beacroft) ROTARY PRIMARY SCHOOLS LEADERSHIP AWARDS

I was delighted to be invited to attend the recent Rotary Primary Schools Leadership Awards ceremony on behalf of our club. Primary schools from Tawa to Pukerua Bay come together at Elim Church in Porirua on 9 August to celebrate leadership in their kura (school communities). Students were supported by proud whanau as well as senior students from several colleges in our area. We were entertained by Porirua College's #Hashtag barbershop singers and the Head Boy of Whitby Collegiate gave us a senior student's perspective on leadership. Porirua Mayor Anita Baker presented the awards and Judge Andrew Beacroft donned his iconic t-shirts to illustrate the qualities he has identified in strong leaders. Each school nominated two students and their individual citations for award winners highlighted the particular attitudes and skills developed by each student.



**Head Boy of Whitby Collegiate,
Alejandro Garcia.**

In days gone by, academic or sporting prowess may have been dominant at such an event. However, these citations reflected recognition of values such as kindness, willingness to support peers and practical community-building initiatives in these students' role modelling.

Adults assisting with logistics on the day commented on the unassuming and humble tone prevalent amongst award winners, with several students expressing surprise that they had been chosen for such an award. How refreshing that these awards emphasised “developing leadership”, encouraging award winners to grow these qualities into lifelong skills for success.

BEREAVEMENT

We were so sad to hear of Laurie Lawler's recent passing. Laurie was a treasured friend and member of our club from 2017-2020. Many of you have spoken so warmly of Laurie's kindness, gentle ways and humility. I've been told heartwarming stories of Laurie's determination to participate in club outings, also attending our club's 30 Year Anniversary dinner in March 2020, despite her illness. Laurie's husband has asked us to express his appreciation for the kindness shown by the ladies of Inner Wheel, especially throughout Laurie's illness and his time of bereavement.

RESIGNATION

It is with sadness that we received Robyn Sadlier's letter of resignation from our club. Robyn had been a member of our club since 1991 and will be greatly missed.

WoW DRESS REHEARSAL FUNDRAISER - TSB Arena, 29 September 2021

Wisdom suggests that we most enjoy what we've most anticipated! How disappointing it must be for WoW planners, organisers, artists, performers and crew to announce that, despite valiant efforts, Covid restraints have limited preparations for the 2021 WoW performance schedule.

The WoW team advise us that planning for rescheduling the show is currently in hand and asked us to **hold onto our tickets** while they investigate timings- **they will advise us of the new performance date as soon as possible.**

VOLUNTEER HOURS

To ensure we keep our Charitable Status it is important that we report on our volunteer hours and funds raised for the year. Each year all clubs have to fill in a Service Record sheet to be returned to the National Committee. So if you do any voluntary work whether it be knitting for the Neonatal Unit, sewing for the Cancer Society or helping with Street appeals make sure you report your hours to Velma Knight. Velma's telephone number is 04 2991539 and email dvknight@xtra.co.nz,

PRIVACY POLICY

Our club's Privacy Policy has recently been reviewed and ratified by your committee. Copies are available through our secretary, Sheryl.

NEW MEMBERS MORNING TEA



On Friday 30 July our newest members joined Carol Woodfield and Anne-Marie for morning tea at Yvonne Thomson's home. There were Jenni Norton, Diana Young, Caryl Farrer and Joy Crete. Also at the morning tea was Sue Faulke. A time for the new members to spend together and learn more about Inner Wheel.

JAMMIES FOR WELLINGTON HOSPITAL

To help keep **kids** warm and well this winter, **Wellington Hospitals Foundation** launched its annual **Jammies Appeal**. Respiratory conditions are a leading cause of acute admissions to hospital for children and Wellington Regional Children's Hospital sees a significant increase in the number of children who admitted over winter.

So a **BIG THANK YOU** to you all for your kind donations.



"BREW IN YOUR BUBBLE"

Our President Michelle Atkins invited us all to a "Brew in your Bubble" on 1 September Inner Wheel Day when traditionally members walked and talked.

Brenda and Carol joined in and they all had some fun. At the peak there were 69 women in the event. We took a tour of the country to check in with everyone from all corners of NZ (and overseas - we had one lady from Bangladesh and another from Queensland) and we had a "walk" as we moved to the song "Walking on Sunshine". Michelle organised a quiz on Charity logos which had us all scratching our heads at some of them, stories were shared, news and views. We learned a few "tricks" when using Zoom - how to use virtual backgrounds and how to raise your hand. We even had a chance to admire the view in Queenstown when Alyssandra showed us the view from her home. Members also showed off some of the hand work that has been created in Lockdown.

The hour and a quarter passed in a flash, there was plenty of conversation and could have been much more. Here are a few screen shots, including proof that we did do a "walk"!



DAFFODIL DAY

Daffodil Day is all about showing your support for cancer research, awareness, and cancer societies who are doing their best with volunteers to raise funds. Unfortunately this year Daffodil Day had to be cancelled due to Covid-19.

If you feel you would still like to donate to this great cause please look on the website below.

<https://www.daffodilday.org.nz/>



BIRTHDAYS SEPTEMBER

Alison McGregor
Cheryl Jones
Dianne Roberts
Marilyn Wallace
Wyniss Trippner

Bev Lillico
Christine Harrison
Faye Raffin
Sue Mexted



REMINDERS

Cancelled events

- Daffodil Day Collection, Friday 27 August was cancelled due to Covid restrictions. Cancer Society organisers have asked us to share with you their appreciation of your generosity in responding so warmly to their request for collectors. This event will now be held in August 2022.
- Tasty Tuesday: 7 September

Postponed events

- RESPECT: Days for Girls (local group) movie night: postponed from 29 August - new date TBC.
- Out and About: Wellington Free Ambulance (Friday 10 Sept 10am): postponed - new date TBC
- Spring Ball (Breastmilk Bank) - Saturday September 11. Organisers are looking at tentative dates at the end of November or alternatively February.

Upcoming Events proceeding as planned

- Craft Group: 10am 9 September, Diana Paris, 19 Samwell Drive Whitby, (021 029 0290)
- Book Group: 2pm 13 September Yvonne Thomson's 53 James Cook Drive, Whitby (04 234 4461)
- Walk & Talk with South Wairarapa Inner Wheel Club, 11am Wednesday 15 September, Cobblestones Museum, Greytown
- Committee Meeting: 3pm 4 October Marg Nation's
- Tasty Tuesday: 6pm 5 October Tuk Tuk restaurant (Diana Paris 021 029 0290)
- Movie night (House of Gucci) at Pautahanui Lighthouse (Child Cancer Foundation) Thursday 25 November 5pm for 5.30pm (time TBC)
Club members will be asked to sell movie tickets and provide a plate of food. Tickets \$25
- District Meeting: 10-3pm 27th November at Trentham Masonic Centre, Upper Hutt
- Out and About Christmas decorations: 6 December. Yvonne Groom (04-2934461) has kindly invited us to her home up the coast, to share her beautiful display of Christmas decorations.

MONTHLY SUB GROUPS:

Book Club: 2nd Monday of the Month at 2pm.

We each give a talk on books we have read in the past month, we don't all have to have read the same book. For more information contact Sheryl Perera, phone 233 1944.

Craft Morning: 2nd Thursday of the month at 10am.

Everyone takes along their own project and fun and fellowship is had by all. For more information contact Maureen Barber, phone 239 9528.

Tasty Tuesday: 1st Tuesday of the month.

A group meets on the first Tuesday every month for a meal, chat and a good laugh. For more information contact Diana Paris Phone 234 7683.

Mah-Jong: every Wednesday night 7-9pm at St Mary's Church in Whitby. Anyone is welcome to join this group and they are willing to teach new members. For more information contact Margaret Pine, phone 021 610 906

Table for 8: I am told the Table for 8 dinner went very well so if you are interested to join the next one please contact please contact Julie McLagan, jmclagan@seagulls.co.nz or 021425872.

YOUR COMMITTEE

President Anne-Marie Garrett 0276986024 amcl.garrett@gmail.com Vice President Secretary Sheryl Perera 233 9144 perera.home@xtra.co.nz Treasurer Marg Nation - 234 8710 nation@xtra.co.nz Membership Yvonne Thompson 234 7940 ytplace@gmail.com Editor Brenda Callear 233 8244 bcallear@orcon.net.nz	Almoner Maureen Barber 239 9528 jd.fam@xtra.co.nz ISO Velma Knight 04 299 1539 dvknight@xtra.co.nz Raffles Dinah McEwen 021 719 295 dinah@mcewen.nz Absences Karen Paulin 021 222 9471 admin@straitconstruction.co.nz Joy Tongs 235 5775 paifoftongs@hotmail.com NOTES: If you advise us you are coming to a meeting, then don't come, we still require you to pay for your dinner as we have committed for catering.	ALMONER If you, or someone you know, is experiencing illness or difficulties, please let me know. I will contact you or your family to identify how we can best support you. Should you need a Driver please contact Maureen Barber on 239 9528. IW Bank Acct 12 3254 0081449 01
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NICE WORDS - Do what makes you happy and don't care what others think.

Yours in friendship



Brenda

Check out the Inner Wheel websites and FaceBook page which are full of interest and information and change all the time. www.innerwheel.org.nz and www.internationalinnerwheel.org