



June 2020 Newsletter

President Message

Tena koutou katoa, Talofa lava, Greetings to each of you,

I hope this finds each of you in good health, and enjoying more of the freedom we have regained in moving into Level 2.

In connecting with you, I want to reach out to any of you who are experiencing hardship or a loss at this time. In particular to our Zontian sister Aliitasi, who is coping with her mother very ill in hospital in Samoa, and unable to be with her during her last days. Aliitasi, our love and prayers are with you and your family at this time.

To Maureen, who is recovering from a fall where she broke three bones in her arm, we wish you a speedy and complete recovery.

The last two months have been very different and unsettled for many, if not all of us. We have all developed new skills, not the least being how to connect via Zoom. I love our Saturday at 11.00am coffee catch-ups, where we meet and greet each other virtually, and hear how each is doing, watching and reading. This has been a wonderful way to stay on touch. We even had our May Club meeting on zoom, some choosing to wear hats, scarves or adorn their hair, to disguise our lockdown bad-hair days!

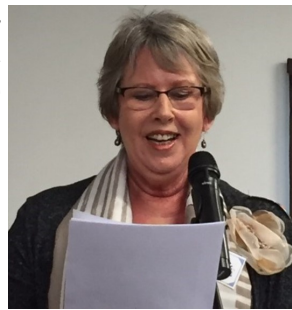
We are hoping for a face-to-face club meeting very soon, now we are able to be out and about again, while maintaining social distancing. Watch out for news of this via email.

Thinking back over the past two months, I want to acknowledge the positive aspects and celebrate some of the key people involved. I'm sure like me, we have all learned to do some things differently, and our world will be better for this, as we've returned to living more simply, gaining enjoyment and pleasure from some "other" things. How we've all noticed increased sounds around us, particularly the birds, we've returned to living in our communities, sharing baking with our neighbours, we've soaked up the sunshine on our frequent walks, and thanks to the idea of Deb Hoffman, we've all been on those "bear hunts"!

Such a delightful way to spread joy, by encouraging us all to place bears and toys in windows facing the street! We now more likely to focus on "buying New Zealand made" whenever we can, and to remember how the simple act of planting a tree can make such a positive difference for the future.

I want to acknowledge The Print Room with the 2.400 sales of Ashley Bloomfield T shirts and carry bags, that raised over \$150.000 for Women's Refuge. And in the UK, Captain Tom, soon to be Sir Tom, for raising over 30 million pounds by walking in his garden!

(President message continues on the next page)



OUR VISION

Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on equal basis with men. In such a world, no woman lives in fear of violence.

NEXT CLUB MEETING:

Please send apologies for the next Club meeting to Jan please email Jan Win win-jan27@gmail.com or text 021 765 876.



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And to quote Mindfood June issue: "What do New Zealand, Germany, Taiwan, Iceland, Finland and Norway have in common? Their leaders have all been praised for their handling of the coronavirus crisis, and those leaders are all women. These women have been clear, empathetic and innovative in all their communications. Jacinda Ardern's government took timely, decisive action, closing borders when NZ had only a handful of cases, and imposing a national lockdown early in the outbreak."

While we feel proud of Jacinda Ardern, we should also remember those women who are going through a crisis of a different sort those who are experiencing domestic violence. Reports of intimate partner violence have increased dramatically during this time. Although this was anticipated by Women's Refuge, Police and other organisations, it was also highly likely that some women were going to slip through the cracks. Ability to access their usual supports will have increased anxiety and risk for many women and children, and being confined in the same house as someone you live in fear of, would be intolerable.

Zonta's D16 2018-2020 Governor Souella has written that, "the need for our advocacy and service work is ongoing. We need to work together to ensure our clubs weather this unprecedented event and emerge ready to continue our mission." We all have work to do!

Looking forward to seeing you soon,
Arohanui
Pam x



FELLOWSHIP REPORT: ZONTA CATCH UP

On Friday 15th May not long after Jacinda announced that we would be going down to Covid-19 lockdown level 2 a brave group of Mana Zontians met for a coffee at Angela Thompson's seaside home in Paremata.

Angela is Barb's daughter as you know and she lives with wonderful views of Pauatahanui Inlet.

We took our own chairs and ordered our take-away coffee from Marina Espresso and walked across the road to Angela's place. We spaced ourselves nicely in the garden with plenty of social distancing and talked about how we had coped during the previous few weeks.

Ngawai's partner Jon had crowned himself trimming the olive tree and sported two black eyes giving him the nickname Raccoon Eyes. Marilyn showed us a photo of her partner Ian precariously balanced on scaffolding to paint the outside of their house and Maureen described how she had stumbled and broken her right arm in three places so was sporting a very heavy and cumbersome plastercast.

Also present was Kay, Ann H, Joan and Pat and all braved the day wearing jackets to keep out the cold wind as you can see from the photograph.



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Message from D16 Governor Souella Cumming



Outcome of voting for the 2020 - 2022 District 16 Project

Thank you all for voting on the District 16 Project for the 2020 - 2022 biennium. The voting was very close with the successful project being **Grandparents Raising Grandchildren Trust**. I have spoken to Kate Bundle, Chief Executive - she is delighted and is looking forward to developing a strong relationship with District 16, and with all Clubs throughout the district, to deliver GRGT's training programme aimed at supporting grandparents.

Thanks to the Zonta Club of Whangarei, with support from the Zonta Club of Timaru, who worked on the application for the GRGT.

I have also spoken with PADA who, while disappointed, are grateful to the Clubs throughout District 16 who have supported PADA during this biennium. We have exceeded our fundraising goal for the biennium and this will enable PADA to continue to deliver their educator programme in the coming months while they seek out further support. If Clubs have monies raised for PADA that has not yet been forwarded to District 16 could you please send those funds to the District 16 Treasurer (treasurerd16@zonta.org.nz) as soon as possible. I am also aware that there are some Clubs who had advertised events for PADA that were impacted by COVID-19. These events should continue, once you and PADA are in a position to do so, and any monies raised should be forwarded to the District 16 Treasurer to be donated to PADA.

Thanks to the Zonta Club of Christchurch-South for the efforts that went into submitting the application for PADA. And thanks also to Lynne King in her role as District 16 Liaison for the PADA project.

We are currently developing our Memorandum of Understanding with GRGT and will be formally announcing the new relationship once this is finalised. At a District 16 level we recognise the challenges in the fundraising environment given the impact of COVID-19 and will take this into consideration when setting the fundraising goals for the new biennium. Events and fundraising for GRGT will start once the new biennium officially gets underway.

Membership Report from Alison Lloyd Davies



Zonta club of Mana welcomes 4 new members- Theresa Rogers, Mary Cross, Glenda Donnell and Ann Marie Taggart.

And leaving club are Carolina Gartner, Jane Richardson and Julia Melville.

Our membership is now 39.

Could anyone who has back copies of Z! magazine The Zontian please call me as I need some for new members' induction packs. The latest one preferably, but any fairly recent ones accepted! Alison 0210362645



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Zoom Club Meeting on 2nd June at 7pm

Because of the COVID -19 Level 2 requirements, we are unable to have the meeting at the Plimmerton Boating Club . We will continue to have our club meetings via zoom.

Venue: Zoom Room

Time: 7pm

Agenda:

- Karakia.
- Welcome
- Apologies
- Set up small groups to connect via chat rooms-
- The four new club members will briefly introduce themselves at the zoom club meeting.
- Last Minutes & Matters arising
- Correspondence
- Reports from the Conveners
- Club business and news
- June Speakers : Chat rooms



Apologies: apologies for the June Club meeting to Jan Win via email win-jan27@gmail.com or text 021 765 876.

WHAT DOES COVID 19 ALERT LEVEL 2 MEAN:

Alert Level 2 is not life as normal, some restrictions and other measures remain in place to reduce the risk of transmission.

- COVID-19 is still out there. Play it safe.
- We need to maintain physical distancing.
- We'll keep tight controls in place at our borders.
- Our wide-scale testing will continue.
- We'll find and self-isolate anyone who is unwell as well as their close contacts.
- There will be measures in place to allow some safe travel and socialising.
- Only controlled gatherings will be permitted.
- Early childhood centres, schools and tertiary organisations will see most people returning — with controls in place.
- Physical distancing, hygiene standards and contact registers (where required) will make businesses safe.



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Club News & Events



Advocacy Report: Linda, Jo, Dr Judy, Mary, Deidre

District 16 is responding to a comprehensive questionnaire from Zonta International who have been asked by the United Nations Special Rapporteur on Violence against Women for information of the increase of gender based violence in the context of Covid 19.

Helen Bowie has collected data from various NZ Reports which are now coming out. There is emerging information collected on Violence against Women and Girls and Covid 19,

The evidence describes violence has intensified. Isolated from the people and resources that can help them, Women and girls are subjected to increased domestic violence. Now referred to as the Shadow Pandemic and briefed under EVAW Covid 19.

The impact of Covid 19 on Women and Girls include 1. Pressure on Essential Services 2. Domestic Violence 3. Cyber Violence 4. Restricted Movements. When we look within each of these headings we see a picture of greater complexities relating to the Shadow Pandemic. What are the implications for Violence Against Women and Girls in the long term.

Enclosed is a photo of the Mana club members connecting on Zoom for the Saturday Morning Coffee Catch Up.



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Service report

We'd like members to spread the word around their contacts/families that these booties are needed for Porirua Partner's project - as outlined in the flyer below. If they could go up on church noticeboards or where groups meet that would be great.

WANTED: BABY BOOTIE KNITTERS

Zonta Club of Mana has pledged to sponsor Partners' Porirua as they activate a new scheme that will provide personal hygiene care packs for disadvantaged young women and teenage mothers in the Porirua area. These are young women, without family or friendly support, whose self-esteem is transformed when they are given something personal, just for them ... and/or their baby.

The personalised care packs will be filled with the basic sanitary and personal toiletries - items most ladies once took for granted.

Zonta Mana is asking knitters for on-going help to provide the baby booties only. Any ply wool, any style, any non-gender specific colour. Ages new-born - 3 mths.

In the table below, FYI, you will see the proposed contents of the separate bags.

Personal care Packs - (includes toiletries bag)	Young Mothers' kete - a selection of personal care products
Soap Wipes Toothbrush Toothpaste Deodorant Sanitary product Shampoo/conditioner Condoms Information sheet / Zonta card	Sanitary pads Breast pads Nipple cream Cotton buds - big size to clean bubba's cord till it drops off Muslin or gauze baby wash cloths Nappy sacks (encourages binning nappies) Baby hairbrush (good for brushing out cradle cap) Baby wipes Information sheets /Zonta card <b style="color: red;">PLUS Baby booties new-born to 3 months

If you can help us please put your knitted booties in a bag/envelope and give them to your Zonta Mana contact

Phone

THANK YOU SO MUCH HELPING ZONTA MANA AND THE DISADVANTAGED YOUNG WOMEN IN PORIRUA.

Please can the members fill in their own name and contact detail so they are the collection point. The booties can then be given to Barb or myself - either at a meeting or somewhere else by arrangement.

Alison Lloyd Davies 0210362645



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Happy birthday for May and June 2020

Zonta Mana would like to wish the following members

Mary Jarmulski 2 May

Aliitasi Sua-Tavila 5th May

Susan Robertson 9th May

Janet Mckenzie-Lewis 17 May



Did you know !

Not everyone knows where this saying comes from- once you do, it is easy to eliminate from your vocab!!

1 ['Rule of thumb' - the meaning and origin of this phrase](https://www.phrases.org.uk/meanings/rule-of-thumb.html)

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A rule of thumb is a means of estimation made according to a rough and ready practical rule, not based on science or exact measurement. What's the **origin** of the **phrase** 'Rule of thumb'? The 'rule of thumb' has been said to derive from the belief that English law allowed a man to beat his wife with a stick so long as it is was no thicker than his thumb.

[etymology - Origin of the "Rule of thumb" phrase - English ...](https://english.stackexchange.com/.../origin-of-the-rule-of-thumb-phrase)

<https://english.stackexchange.com/.../origin-of-the-rule-of-thumb-phrase>

Rule of Thumb is an undocumented, implied rule to abide.. One possible **origin**, or at least implementation, is found in the 117th New Constitution of Roman Emperor Justinian I, published in 529 C.E., granting a husband freedom to "beat his wife with a whip or rod" for divorcable offenses. The "rule of thumb" was possibly conjured to suppress nefarious abuse of the law.

2. **"Feminism isn't about making women stronger. Women are already strong. It's about changing the way the world perceives that strength. G D Anderson..**

3. On Netflix- Watch "Daughters of Destiny"- the story of the amazing school started by Dr Abraham George in 1997. Shanti Bhavan empowers children from India's lowest socioeconomic class to break the cycle of generational poverty through education, leadership, and compassion. Empowerment is more than just education. Shanti Bhavan goes beyond basic literacy. The students learn to be global citizens and leaders who change the world with integrity , by developing academic and leadership skills, strength of character and confidence.



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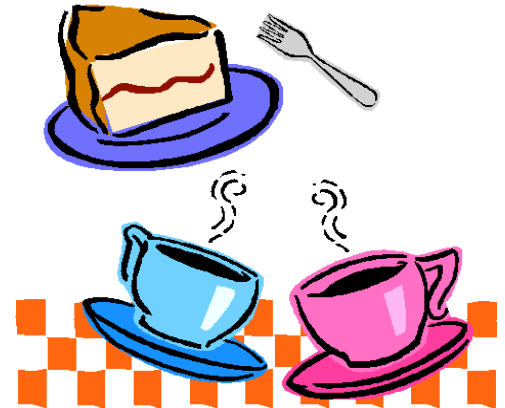


Club Information and Contact Details

Zonta Club of Mana
 District 16
 Club 893
 P O Box 57203
 Mana 5247
 Porirua
 New Zealand

If you have an hour to spare on a Saturday morning at 11am, you would be very welcome to join members for coffee at the Bridge Espresso in Mana, just left over the bridge. This is purely social and great fun, and a lovely way to get to know club members more informally. We're usually upstairs where the owner kindly reserves us the big table by the window. The company is amazing and the coffee is great too!

(There will be some restriction in numbers due to COVID 19 level 2)




<https://www.facebook.com/ZONTA-CLUB-of-MANA2->

Zonta club of Mana Board for 2020

- President = Pam Johnson
- Vice- President = Jan Win
- Minute Secretary = Jan Win
- Treasurer = Joan Mardon
- PR/Newsletter = Deidre Florance and Alison Lloyd Davies
- Scholarships = Michelle Robinson and Maureen Gillon
- Fundraising = Liz Gray and Diane Scott
- Membership = Alison Lloyd Davies
- Programme = Liz Gray and Veronica Allum
- Service = Barbara Thompson
- Advocacy= Linda Hall-Thorpe

New Members
 The Zonta Club of Mana is keen to grow.
 If you know anyone who may be interested in becoming a member of the Zonta Club of Mana,
 Email Zonta@mana.org.nz




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