January 2019 Newsletter

President Message

Hello and welcome to another busy and exciting year for the Zonta Club of Mana. This is my first report so I thought I would introduce myself for the benefit of our newer members.

I'm English born and came to NZ as a skinny seven year old with my family of 2 siblings and Mum. Dad came to NZ a year earlier and built our house in Hastings which is where I went to school finishing at Hastings Girl's High School in 1965. Married young to John and we have three daughters, 10 grandchildren and 4 great grandchildren.

I want to thank you for the money you gave me for my family at Christmas and show you how it was spent. We had a happy time together in Tauranga with lots of sun, yes it did not rain thank goodness and some sad moments too. Here are Indee and Maycee with their sand table and Daniel with his Leapstart junior computer. Thank you again.





Zonta:

I joined Zonta in 2004 and have served on Board as newsletter editor, treasurer and secretary. I have enjoyed the Conferences I have been to in Auckland, Queenstown, Rotorua and Christchurch and I'm looking forward to attending the joint Convention in Brisbane later on in the year. It's going to be a busy year for us also as we celebrate our 40th Birthday in July. I hope the Fun Raising Committee will arrange a celebratory evening to remember! In between some interesting guest speakers and not forgetting International Women's Day brunch on the 10th March when Tusha Penny will be guest speaker.

And a final note for reflection - as one of our members Alison Lloyd Davies so succinctly put it: (after the Arohata Concerts)

... this last week has really proved what a wonderfully caring and well knit group of women we are. How we work together with the same aims to the same ends. How that togetherness shows that we're not hampered by individual attention seekers. How we espouse the mantra of "there is no I in team" ... whatever we do we do as a united group for the greater good of the causes we espouse. And we do it to the best of our different and varied abilities. And long may that continue.

So let's start 2019 with those ideals in mind. We're not here to blow our own trumpets - we belong to Zonta to help and empower women from all walks and we do it collectively

without expectation of recognition. Please join in with our activities where and when you can and if you can't then that is fine too. My goal is to build on the friendships we have made and endeavour to get to know you better. Fellowship and friendship are the key.





OUR

VISION

Zonta International envisions a world in which women's rights are recognized αs human rights and every women is able to achieve her full potential. In such world, women have access to all resources and are represented in decision making positions on equal basis with men. In such a world, no woman lives in fear of violence.

NEXT CLUB MEETING:

4th February

Please note apologies for next Club meeting to Julie Ainsworth by no later than Saturday noon please

(mob 0272101699 or email julieainsworth01@gmail.c om

Please advise if you are bringing guests.

Pat Liddell

Recent Club News & Events

Zonta club of Mana Board 2019 induction

Carolina Gartner Area 2 Director inducted the new Board at the Christmas Club Meeting

The officers

President: Pat Liddell vice President: Pam Johnson Secretary: Pam Johnson Treasurer: Philippa Gibbons

Board

Advocacy: Linda Hall-thorpe Fundraising: Teresa Parai

/Julie Ainsworth

Service: Barbara Thompson Scholarship/ Awards: Jenny Brash

Membership Jan Win

Programme: Janet Mckenzie-Lewis PR and Communications: Deidre Florance Newsletter Editor: Deidre Florance



Dr Judy Whitcombe has stepped down from the board from the advocacy role but she will be supporting Linda Hall Thorpe around the role.

He Huarahi Tamariki (HHT) Celebration Lunch

The annual He Huarahi Tamariki luncheon was held on Friday 7th

December at the Plimmerton Boating club. The Christmas luncheon celebrates the young women's achievements in finishing their high school studies. The club also awards a scholarship to one of the young women. Members also purchase a small Christmas gift for child and their mums also receive a small token.



This year, our guest speakers were Marty Donoghue and Nu.

They spoke about their involvement with the recent Invictus games.







Recent Club News & Events

Zonta Club of Mana Young Women in Public Affairs 2019 Winner

The YWPA ceremony was held by the Wellington club on Jan 29 at KPMG rooms. A number of our club members attended the awards night (See attached photo)

Liri Salz was our Mana winner for 2019. The following is the bio about her.

Since coming to NZ from Jerusalem in 2017 Liri has attended Samuel Marsden College in Whitby, finishing in 2018 as head girl.

Among the activities that Liri arranged as head girl were:

- ·a school wide event to fundraise for World Vision
- coordinating the school's first ever Relay for Life team which raised awareness of cancer.
- ·leading a Cultural Day activity, where she presented her Jewish culture and raised others' cultural awareness. This exposed the school community to wider community activities and cultures, which Liri believes is part of shaping personalities and awareness.
- Liri was a peer support leader which involved leading a programme to the school's Year 9's, educating them for values such as respectfulness, as well as sessions about bullying, peer pressure and relationships.

Whilst in Jerusalem

A large part of Liri's service journey has included her time volunteering at an abused women's shelter in Jerusalem. The women and children admitted into the shelter were not safe in their own homes as their partners/fathers abuse them constantly. In the shelter, along with a group of volunteers, Liri ran programmes to restore a sense of self in these women, children and girls, empowering them and encouraging them to stay strong. Liri has noticed a similar issue in NZ where women are stuck in a cycle of bad self-worth and do not feel that they have to power to break it.

Liri sees part of the solution as offering workshops and funded counselling in local communities. Liri would like to see campaigns to recognise signs of abuse, so the people close to the victims can know when and how to help. Improvement is also required through the approach of local authorities to abuse issues in order to enable victims to feel empowered and to break the violence cycle.

Future:

Liri is going to Otago University to study Health Science First Year in 2019 and aims to pursue a career as a doctor. More specifically, she aims to work as a physician in a rural or small community. Her dream is to help the people who need it most and to work closely with the community. As part of her future work, Liri hopes to not only treat symptoms but also look at the patient as part of their community and whanau.



Club News & Events



Strategy for an Ageing Population: Judy Whitcombe

The Office for Seniors has contacted those who made submissions on the development of a new strategy to prepare for an ageing population. Their message has come to me as my contact was on the Mana Zonta submission which we made in August 2018.

"We have had a great response. We received a total of 469 written submissions with about 1,000 people participating in hui and workshops around the country.

We have prepared a summary of the feedback from the workshops and the submissions that you sent in. This is now available on the SuperSeniors website.

We are currently developing the new draft strategy to respond to current and future issues of our ageing population. Its aim is to ensure that we realise the potential and create opportunities for everybody to participate, contribute and be valued as they age."

If you access the website you will find Mana Zonta on page 73 of the Summary Report.

Thanks to Ann, Deidre, Jo, Linda and Aliitasi who contributed.



Linda Hall Thorpe (New Advocacy convenor)

Porirua Family Violence Prevention Network strategic plan 2019

The club received a lovely acknowledgment from Seanoa with an update on the changes and the year 2 of their strategic plan. There have been a lot of changes and major players.

Thank you Linda and also Zonta for your support to community, I appreciated the connections Zonta have with Aotea Lions Club at the last event.

On behalf of our E Tu Whanau Governance Group, we are grateful of have Zonta's continued partnership.

Nga Mihi Seanoa Faraimo

Porirua Family Violence Prevention Coordinator



Zonta Mana Community Award 2018 winner-

Leonie Smith was awarded \$1500 + \$500- details for making the official presentation early in 2019 to be arranged by Ruth McCaulay.





Club Upcoming Events

Zonta Club Of Mana IWD Brunch 10th March 2019

The Zonta Club of Mana is hosting Assistant Commissioner Tusha Penny at our IWD Brunch on Sunday March 10 at

Mana Cruising Club Pascoe Avenue Paremata.

Superintendent Tusha Penny has been appointed Assistant Commissioner - Response and Operations.

Superintendent Penny joined New Zealand Police in 1992. A significant part of her career has been spent in the Criminal Investigation Branch (CIB) investigating serious crimes including lead roles in several high profile homicides.

She was the first officer to take on the role of National Manager - Child Protection and Sexual Violence in 2011, and spearheaded a national change programme to improve the police response to these types of crimes.

Superintendent Penny became National Manager - Prevention in 2014, and in 2016 was selected to become District Commander - Waitematā.

"Superintendent Tusha Penny has played an important role over the years, in respect of family harm and child protection," says Police Commissioner, Mike Bush. "She leads with passion, heart and enthusiasm."

We heard her speak in Christchurch at the last D16 Conference and she is very engaging. Put the 10th March in your diary and encourage your members to come and hear her.

Please promote the IWD breakfast and this great speaker: http://www.police.govt.nz/tusha-penny

Zonta club of Mana MEETING

Monday February 4th 2019

Venue: Plimmerton Boating Club

6pm Meeting 7pm Dinner

For our annual IWD raffle, can club members please bring items for the raffle eg womans health and Beauty products.

After dinner Guest speaker for February will be Valerie Askew

Valerie and her husband run Topor, the Polish restaurant in Plimmerton which many of our members are probably familiar with. Valerie will be speaking about the meal service she provides to the neo natal mums at Wellington hospital each week. The expense of the meals is covered by Valerie and her husband. She has a roster of drivers to deliver the meals to the hospital.

Please note apologies for next Club meeting to Julie Ainsworth by no later than Saturday noon please ring (mob 0272101699 or email julieainsworth01@gmail.com)

Please don't forget to wear your Zonta Name badge to the meetings







Club Upcoming Events



ZONTA NZ WOMEN OF ACHIEVEMENT AWARDS 2019



In November 2019, Zonta International celebrates a century of working together to improve the lives of women and girls through service and advocacy.

In 2016, Zonta International District 16 (comprising Zonta Clubs throughout New Zealand) recognised 50 Women of Achievement. This was in celebration of the 50th anniversary of Zonta in New Zealand

Zonta District 16 now wish to celebrate Zonta International's centennial by identifying and celebrating the contribution of a further 50 Women of Achievement. These Women of Achievement are New Zealand women who have empowered women and girls within New Zealand and/or globally.

The Zonta club of Mana are seeking local applications which will go Julie Ainsworth (Chair) and her panel for consideration by the end of March . The successful applications will go through as nominations by the club for the District 16 awards.

Please email julieainsworth01@gmail.com for the nomination form for the Zonta NZ Women of Achievement Awards 2019.

Your nominee may be well known within your local area, a household name or a quiet achiever.

The Zonta New Zealand Women of Achievement Awards 2019 will be announced on 8 November 2019.

Australia/ New Zealand Conference 2019 in Brisbane - 100 years of Zonta

Australia/ New Zealand Conference 2019 September 6-8th

If you're thinking of going to the 100 years conference in Brisbane next year, Rydges have already opened their bookings for Zonta attendees using a discount code:



https://www.rydges.com/private-page/zonta-international fbclid=IwAR1WpxZSR5GmTCe_4BD3Y8MfB5an35D_N_CT9ciQku8cZ4QVfUfqTQJAUSw

D16 (that's us!) will have its conference on **Thursday 5 September**, prior to the combined conference starting on Friday 6 Sept, so please plan to arrive before then.



Members' corner

Zonta Mana would like to wish the following members Happy birthday for December 2018

Wendy Knox 5th Dec
Sheryl Collins 16th Dec
Ann Holmes 19 Dec
Luara Hurtado-Roberts 22nd Dec
Liz Gray 29th Dec

Happy birthday for January 2019
Helen Kemp 3 Jan
Diane Taylor 12 Jan
Ruth McAulay 12 Jan



Caroline Van Halderen 29th January



Card maker

The board is looking for a creative club member who is interested in making cards up for the club



Diary 2019

- March 10 2019 IWD Breakfast 2019 - the Speaker is Tusha Penny
- September 6-8th 2019
 Australia/ New Zealand Conference in Brisbane 100 years of

New membership category ZI D16 Individual Membership

If you have a friend who is not ready to join a Zonta club? She can become a member of Zonta International directly. As an individual member, they can participate in activities and campaigns to bring about change, attend international and regional events and connect with Zonta members worldwide. They will also receive critical updates on issues facing women in the world and regular updates on the activities of Zonta

International. To get them started, download and complete the form below and email your completed form to memberrecords@zonta.org



District 16, Club 893 PO Box 57203 Mana, Porirua 5247 zontamana@gmail.com

https:// www.facebook.com/ ZONTA-CLUB-of-MANA2-149369665804685/ Like to know more about Zonta Club of Mana? Contact Pam Johnson, E: tonypam@slingshot.co.nz or 027 4994405.

Saturday Coffee Mornings 11am Upstairs @ Marina Espresso, Paremata Bridge This get together

This get together is for members and their friends. It's informal, drop in regular event. The group meet upstairs.



Zonta club of Mana officers for 2019

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Pat Liddell triciaandjohn@xtra.co.nz 027 272 8966

Vice President Pam Johnston tonypam@slingshot,co.nz 0274994405 2341233

Almoner Barbara Thomp- barbtnz@xtra.co.nz 029 227 2272 234 8844

son

Acting Secre- Pam Johnston tonypam@slingshot,co.nz 0274994405

Treasurer Philippa Gibbons philippakgib- 021 891 535
bons@gmail.com

New Members

tary

The Zonta Club of Mana is keen to grow.

If you know anyone who may be interested in becoming a member of the Zonta Club of Mana, Email Zonta@mana.org.nz





