

# Art programme



## Accessible Introduction courses

Here is a list of art/craft/pottery two to three hour, workshops recommended for small groups of people have difficulty using their hands.

Programmes are adapted to the skill level of attendees, cost, and time available.

Choose one of the art or crafts in this programme. If there are over six people, we can offer more options or depending on the activity, one large class.

Some of these options are basic due to the time limit and are offered as a taster to that art or craft workshop being held at Fareham Creative Space.

**Fareham Creative Space**  
Pae Tū Mōkai • Featherston

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## Pottery



Basic pottery hand building – terracotta plant markers, figurative sculpture, and embossed tiles. These will be required to be bisque fired then forwarded to your group base.

## Creative Journal



Have fun decorating and gathering a collection of memorabilia and the special moments in your day-to-day life to place into a journal. Helping to share your stories with friends and family.



## Card Making



Create cards by folding, stamping, painting etc. celebrating important events and thanking those special people in our lives.

Make a card retrospectively thanking people for being in our lives, celebrate an event or travel you wish could have happened.

## MEemory Box



Begin the 'Artist's Journey' of creating a box/hat/suitcase of mixed media creativity that depicts potent moments in your life.



## Nature/upcycled art.

Find or bring your own rock or stone, prepare and paint.



This session can be expanded into painting on rocks, stones, natural materials, upcycling porcelain dolls.

## Mindful Mandala Art

**Encaustic** - Explore the world of painting with hot wax. Shape the medium into Mandalas with an iron and once cooled, work into the surface with a palette knife.



**Stencil** – Draw and doodle. Create a mandala design using repetitive patterns, and/or the aid of stencils. Colour in with acrylic paint using brushes or sponge.

## Abstract painting



Using the Artists Miro & Mondrian as inspiration to produce your own board to take home and display.