**Program – Subject To Change**

***Thursday 6th, April, 2023***

5-6pm Arrival and Registration

6-8pm Mihi Whakatau – Performance by Rebound Dance Company – Tutor Introductions and Class Info – Speeches

***Friday 7th April, 2023***

8.00am-9.00am COVID Sign in at the Great Hall

9.00am-10.00am Welcome Warm Up Class Fleur de Their/Andrew Shepherd

***Block One Options 10.15-11.15***

 Contemporary Eki Beginner Ballet Studio MJ

 Stretch and Release Workshop Emily Napolitano

  ***Common Room***

Block Two Options 11.30-12.30

 Drag Great Hall Andrew

 Viewpoints Workspace Annie

 **Neke atu, Neke Mai / Moving outward, moving toward** Common Room Juanita Hepi

***1.00-2.00pm Catered Shared Lunch***

***Block Three Options***

2.15-4.00pm Site Specific Contemporary Great Hall Fleur De Their

2.15-3.15pm Creative Dance Workshop Kerry Ann

 Stretch and Release Common Room Mana

4,45-5,00pm Special Performance Great Hall Jan Bolwell/Annie Ruth

5.15pm-6.15pm Panel Discussion Longevity and Sustainability for Maturity Great Hall MJ/Jan/Marlene/Juanita/Tania K

***Saturday 8th April, 2023***

9.00am-10.00am Film

10.15am-11.00pm **Kia Tā te Manawa – Rest the heart calm the mind** Great Hall Vaea Coe

Block Option four 11.15-12.15pm Advanced Ballet Studio MJ

 View Points Hall Annie

 Dance Exercise Common Room Jan Bolwell

 Or ***Workshop***

***12.45pm-1.45pm Catered Shared Lunch***

***Block Four Options 2-3.00***

 Burlesque Hall MJ

 Neke atu, Neke Mai / Moving outward, moving toward Workspace Juanita Hepi

 ***Yoga Common Room TBC***

***Block Five – 3-6***

 Rest and Relaxation

3.30-4.30 Site Specific Performance rehearsal led by Fleur de Thier

Celebration Performance

6pm