



**LIVING WITH IBD**

— Seminar & workshop —

# THE IBD NURSES ROLE

*with*

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# ROLE OF THE IBD NURSE

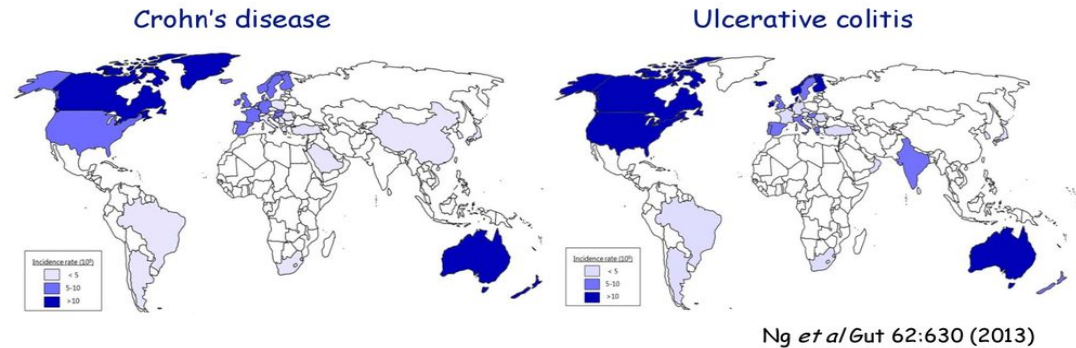


# Outline:

- ▶ Prevalence and incidence of IBD
- ▶ IBD nurse role
- ▶ IBD nurse services
- ▶ What does the future hold?

# Prevalence and incidence of IBD

## A global map of IBD



- ▶ NZ highest rates of IBD in the World
- ▶ Estimated 21,000 (1 in 227) New Zealanders who have been diagnosed with IBD
- ▶ Increase in 12 years of around 68% or 5.6 per year

# The IBD nurse role:

## Improve quality of care

- ▶ Education
- ▶ Compliance
- ▶ Support
- ▶ Key link MDT

## Improves patient experience

- ▶ Holistic
- ▶ Accessible
- ▶ Reduction in out patient visits

*IBD standards group UK. (2009)*



# IBD nurse services:

- ▶ Telephone advice/helpline
- ▶ Nurse led clinics
- ▶ Immunosuppression service
- ▶ Rapid Access clinic
- ▶ Inpatient support
- ▶ Paediatric transition

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"Oh, me? Nothing much. I treated a dozen patients, did the charts, wrote new protocols, gave a seminar, fixed the computer and now it's lunchtime."

# Telephone advice line:

- ▶ 1<sup>st</sup> point of contact for patients
- ▶ Triage
- ▶ Early Intervention
- ▶ Rapid access to patient



# Nurse led clinic/virtual clinics

- ▶ Frequent follow up visits
- ▶ Longer appointment times
- ▶ Free capacity in Consultant clinics
- ▶ Cost effective (for patient)



I'm going to try and get an outpatients appointment, I may be some time!



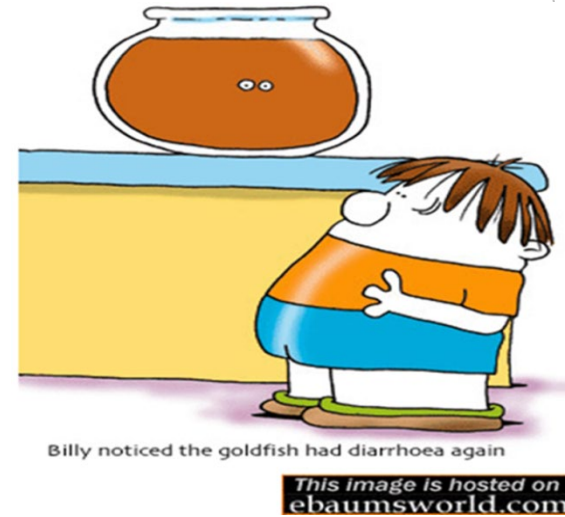
# Immunosuppression service:

- ▶ Education
- ▶ Counselling
- ▶ Pre treatment screening
- ▶ Monitoring
- ▶ Administration
- ▶ Consistency



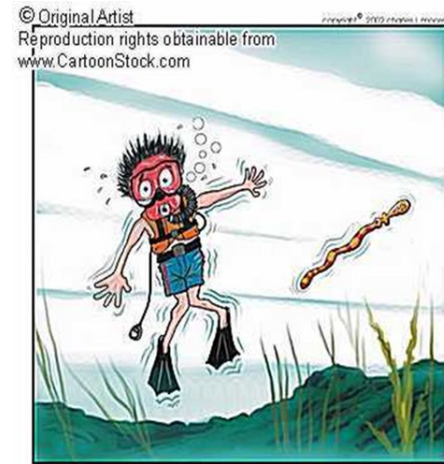
# Rapid Access/Walk In clinic:

- ▶ Prompt assessment
- ▶ Reserved clinic slots (ideal world)



# In-patient support:

- ▶ Support
- ▶ Advice
- ▶ Timely discharge and follow up
- ▶ Liaise with the ward nursing team (education)



The very rare enema eel attacked Bob with  
no warning

# Paediatric transition:

- Paediatric Transition Clinic
- Joint clinic
- Patient and family/care
- Team
  - Paediatric Gastro
  - Adult Gastro & colorectal surgeon
  - IBD nurse
  - Dietitian



# What does the future hold:

- ▶ NZIBD nurses group established in 2018
- ▶ To facilitate regular educational and networking opportunities specific to IBD nurses
- ▶ To form and contribute to the development of IBD management guidelines and position statements
- ▶ To form and maintain professional relationships with NZNO Gastro College, NZGS, and Crohn's Colitis NZ in order to promote IBD nursing
- ▶ To drive increased awareness of IBD and IBD nursing amongst other health professionals, organisations and the wider community

