Creative writing by women prisoners

These two poems, By Words and Right Direction, were written by prisoners in Auckland Region Women's Corrections Facility.

By Words

Every heart,

Falls apart.

Every tear fall with fear.

Every beat,

Falls weak.

Every thought,

Battles fought.

Every mind,

Falls behind.

Every crush,

Ends in lust.

Every drop, never stop.

Every breath,

Ends in death.

Every touch,

Loves too much.

Every life,

Ends in strife.

Every soul,

Loses control.

Every light,

Turns to night.

Every Friend,

Always ends.

Every pain,

Comes Again.

And,

Every heart,

Falls Apart.

Right Direction

May these emotions never cloud

Judgements on your well-being

May others understand

And come to see what you are seeing

May there be commitment and courtesy

In every spoken word

May you never lose sight

Though the present may be blurred

May you take today and

Every other day as if it is your last

May you build your future of dreams

And say goodbye to your past.